



WAVERLEY COMMUNITY
MEN'S SHED INC.

SCUTTLEBUTT

WCMS MEMBERS' NEWSLETTER

Issue # 8

AUGUST 2020

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FROM THE EDITOR

This month we are trialling a new feature, namely a brief biography of one of our members. The published bio's will not be in any sequence of fame (or infamy), but just in order of receiving them. Should you wish to share your life story and experiences, reduced to about 1 to 1.5 pages of type, we would love to hear your story. First up is Graham Ely, and then I hope to get everybody's story even if it will take a few years. This will really help in getting to know each other.

Sadly the 4sq.m rule will be with us for the foreseeable future, let's hope that the recent COVID-19 spike will be over soon and that social distancing will come to an end. It does have to be said that whinge as we may, when it is observed, the social distancing does appear to make the necessary impact in minimising our exposure to COVID-19, so do not become complacent, **it is still very much out there!**

Just reminding everyone that we are conducting the Shed operations with strict adherence to the applicable rules for keeping the Shed open, so **REGISTER IF YOU WISH TO ATTEND!** Register with **Peter Black** at <peterblack206@hotmail.com>

Tom



WILLS; POWERS OF ATTORNEY AND GUARDIANSHIP MATTERS

Should you wish to discuss the issue of Wills and Abuse of Elders with a solicitor specialising in issues relating to the behaviour of Family and Trustees who are dealing with your property and your body. in case of ill health **this is for YOU!**

SUBJECT TO THE LIFTING OF RESTRICTIONS of social distancing and maximum numbers, this discussion has been organised to take place

at the Shed on WEDNESDAY, AUGUST 26 at 3:00pm.

If for any reason this date needs to be changed or rearranged, members will be informed by email

If you are interested in this discussion (questions and answers), please register ASAP by email at <tom@aces.net.au>.



SUBJECT TO THE LIFTING OF RESTRICTIONS of social distancing and maximum numbers, a community breakfast for men has been organised for

WEDNESDAY, SEPTEMBER 9 starting at 8:30am

The breakfast served will be a simple "Continental breakfast" of coffee/tea and toast, all members are invited to attend, this is a great opportunity to bring a mate to introduce to the Shed. At 10:00am the Shed will resume its normal day-to-day operations for those who have registered to stay and do some work.



PROSTATE CANCER DISCUSSION

Regrettably, due to the social distancing and maximum numbers restrictions, this discussion originally set down for Wednesday, July 29 had to be postponed to a later date.

SUBJECT TO THE LIFTING OF RESTRICTIONS of social distancing and maximum numbers regulations, this discussion will now take place **at the Shed on WEDNESDAY, SEPTEMBER 23 at 3:30pm.**

If for any reason this date needs to be changed or rearranged, members will be informed by email.

Many members have already expressed interest in this discussion, if you are also interested in this discussion (questions and answers), please register ASAP by email at [<tom@aces.net.au>](mailto:tom@aces.net.au).



FIRST AID COURSE

As previously advised, with the current uncertainties, we are waiting to arrange a date with Phil Wicks. Because of the continued risk of the virus and having regard to the age of most of our members (not the least also Phil), no date can yet be set.

As we informed in Issue #6 of Scuttlebutt, there will be a choice of 2 courses, a full Certificate Course (including CPR) good for 3 years, and an Emergency Care course involving just bandaging, and basic care (defibrillator and EpiPen). The full Certificate Course will cost \$120.00 per person, the Emergency Care Course is \$30.00 per person

If you are interested in either course, please register by email at [<tom@aces.net.au>](mailto:tom@aces.net.au). Any appointed date will be notified by email and if possible, in future monthly newsletters.

THIS WOULD BE FUNNY IF IT WASN'T SO TRAGIC! WHY LEARN FIRST AID?



I was drinking a margarita in a bar when the waitress shouted out: "Does anybody know CPR?". I shouted back: "I know the whole alphabet!", and we all laughed ...

except for one guy!

NDSS: BEAT-IT-ONLINE

Diabetes: 8 week online exercise program

Beat It Online is a **FREE 8 week physical activity and lifestyle program** delivered by an Accredited Exercise Physiologist through a series of online group video calls. This life-changing program can help you get back into a healthy routine to better manage your diabetes.

Whether you have exercised before or need some help getting started, the Beat It program will help you on your journey to a healthier and more active life.

The Exercise Physiologist will tailor individual exercises to your specific needs within a friendly and supportive online environment.

Your 8 week online program will include:

- Initial assessment
- Tailored exercise program
- 16 group sessions (2 per week)
- Education sessions
- Tracking your progress
- Final consultation

You will need:

- An internet connection that can support video calls. Check your internet connection speed at [speedtest.net](https://www.speedtest.net) (a minimum of 1.5Mbps [up and down] is recommended to be able to view the sessions)
- A device with a front-facing camera to participate in the video sessions.
- A BGL testing kit and a closely available hypo treatment for the exercise sessions.
- Medical clearance to exercise from your GP.
- A safe exercise space at home

How to get started:

1. call **1800 637 700** to register for the 8 week online program. Bookings are essential as there are limited places available.
2. A starter pack with a Medical Clearance form will be emailed to you, you will need your GP to sign before your initial consultation.
3. Attend a 45 minute online consultation with your Beat It Trainer before the 8 week program starts.
4. Log in to each group exercise session and education session at the appropriate time for the duration of the 8 week program.

Program starts: Monday 17th August 2020

Video session times: Every Monday and Thursday at 9:30am OR 2:00pm

Program length: Two 1 hour group video classes per week for 8 weeks (16 sessions in total)

Spaces are very limited.

***This is program conducted by the National Diabetes Services Scheme.
We reproduce this notification as a public service to our members.
NOTE: You may be required to become a member of NDSS to participate***



StandingTall-Plus: a program to prevent falls in older people

NeuRA are running a clinical trial, testing a home-based fall prevention program which provides balance training, cognitive motor training and cognitive behavioural therapy for 65+ year olds.

They are investigating the program's effectiveness in improving physical and cognitive functions and reducing the number of falls in older adults. The trial is conducted completely remotely with no need to travel.

With the precautions brought about by COVID-19 restrictions, the trial has recently been adapted to be conducted via telehealth which has been great for our participants to be involved in something positive from home during this time.

NeuRA are particularly interested in male participants as men are currently understated in numbers in the trial so far.

Waverley Men's Shed members who are interested in participating can obtain further information by contacting Alicia Brown (Research Assistant; Exercise Physiologist) on 0431 680 720



THE BALLINA MEN'S SHED

Our member (and principal electrician and founding committee member)

Garry Connor moved to Ballina some years ago and only comes to Sydney to visit/support his daughter and grandchildren who live locally. Garry does visit us every time he's in Sydney.

During his recent visit he helped out at the Shed and told us a lot about the Ballina Men's Shed of which he is now the Team Leader.

Consequently we have established a special relationship with the Ballina Men's Shed and our members have a standing invitation to attend the Ballina Shed whenever we are in the area.



THE MOTORCYCLISTS' FRIEND

Clif Munro is a motorcycle enthusiast who would love to spend more of his time riding his Yamaha 1100 trike. Along with his role as President of the Waverley Shed, he is also a member of the General Committee of the **Motorcycle Council of NSW Inc.** (MCC of NSW), an internationally recognised umbrella group for motorcycle clubs, associations and ride groups.

Formed in 1981, the MCC of NSW is a peak body for motorcycling. It represents over 60 clubs, and more than 36,000 riders.

Over the lockdown/quarantine period Clif was busy reviewing and revising the organisation's Constitution and working with the committee to advocate on behalf of motorcyclists' issues. The committee meets on a regular basis with statutory bodies including Centre for Road Safety (CfRS), Transport for NSW (TfRS), Roads and Maritime Services (RMS), State Insurance Regulatory Authority (SIRA) as well as making submissions to Regional Councils and attending motorcycling events. Each October the MCC promotes Motorcycle Awareness Month **#lookoutformotorcycles** which includes a morning ride for State Parliamentarians who are motorcyclists.

So, in addition to dealing with safety issues about the Shed, these motorcycle riders' concerns and issues are very close to Clif's heart and if you wish to discuss them with him, we are confident that he will be delighted to spend time with you.





A HUGE VOTE OF THANKS

With the wonderful support from the Federal Government, through **local MP Dave Sharma (Wentworth)**, by way of the DSS MUSTER program, the Shed has been able to purchase and install a new lathe.

The **VICMARC VL 240 heavy duty ASM swivel head lathe** is a piece of much needed equipment as it will enable our members to do very precise turning, this being something for which our older lathe was not suitable.

We will now utilise the old lathe for sanding and polishing.

We are grateful for the support.



LATHE LESSONS START

Instructions on wood turning have started even during the Shed's restricted opening period, and **Rodger Jamieson** has now taken his first baby steps. It's nice to have you away from the computers, Rodger!!



Because learning wood turning is extremely popular and all instruction needs to be given on a one-to-one basis, it is essential that members book and reserve a time and date for their instruction, please make your bookings with **Peter Charlton** and **Ian Dawes**, who are the approved instructors. Please understand that there may be people ahead of you in the bookings, so please be patient.



By the way, instruction on **all the machines** is essential if you wish to be accredited or certified for the use of **any machine** at the Waverley Shed.

Following on from the lessons, Rodger actually developed on to the independent use of the lathe, and when he was informed that a handle was required for the "Knockout rod", Rodger created one as seen in the photos. To say the least, he is absolutely "chuffed".



ATTENTION WOOD TURNERS

By Peter Charlton

One of the joys of wood turning is to turn a piece of wood that you know; you know where it used to grow as a tree, perhaps you just saw someone cutting it down and collected it. The connection adds to the value of the finished product.

It is now winter and the deciduous trees are asleep, this is the best time to collect wood for future turning. If you are or might become interested in turning, now is the time to be on the lookout for pieces to turn.

Most deciduous trees are fun to turn and produce lovely pieces; ash, oak, cotton wood, jacaranda, and nearly all fruit trees (eg. apple, pear, cherry, loquat, ginkgo and cotoneaster).

When collecting it is ideal if the piece can be almost twice as long as the diameter and then if large cut lengthwise down the log before painting the ends with some leftover paint to reduce the chance of the wood cracking.



IAN'S PROJECTS

We answered a knock on the door of the Shed only to find a guy standing there, complaining that a pawn was lost from his chess set. As he happened to be at the Shed on the day (setting up the new lathe and creating a tool backing board), we immediately asked Ian Dawes for his assistance and expertise to turn and create a "back-up" pawn (plus a spare as requested) and the photo speaks for itself ... beautiful work!



Those who came along to our Show last November will also remember Ian's menagerie of zoo animals in carriages which were being pulled along by a train.



They were snapped up by eager visitors, and Ian has made more carriages with zoo animals, the photo shows off his work.



FROM UNWANTED DECKING BOARDS TO BOWLS AND CUTTING BOARDS

We have a small band of dedicated wood turners at the Shed. One of them, **Phil McLeod**, was given a whole lot of Tallow Wood, Kauri, Victorian Ash and Tasmanian Oak hardwood decking off cuts and he decided to turn them into a bowl and a cutting board. Can this be a project idea for our wood turners? After thickening and gluing them together (using a liberal amount of high quality glue and clamping as tight as possible for over 24 hours so the glue has plenty of time to "go off") he cut a round blank in readiness for the turning on the lathe.

Finished with 2 coats of polyurethane, the final product is definitely pleasing to the eyes.

This project was not done by Phil at our Shed, we publish this story to give some project ideas of what can be done by the more experienced wood turners. The story (in its original format), appeared in "By Hand and Eye", the newsletter of The Sydney Woodturners Guild Inc., and is extracted with the kind permission of Phil.





WILLIAM'S TOY GARAGE

William Honeyball's next project is to build a "Toy Parking Garage" for his Grandsons. Having researched quite a few Download sites, he found one that is free "to use, with the blessing of the site owner".

Wooden-Toy-Plans.com.

Check under **"Toys For Boys"**

William found this to be a splendid site as it gives all the required sizes and data that anyone can follow!

The basic size is 60cm x 70cm x 62.7 to the eaves of the top lift tower. It is a four storey build (ie. Ground floor, 1st floor, 2nd floor and an "open top floor"), all floors are served by a Car/Lift elevator.

William intends starting this project soon and we will follow his progress with baited breath .



FRED THE UPHOLSTERER

As a member of the Shed, there are times when you decide to work "outside your comfort zone". Our **Fred Oertli** has never contemplated upholstery but has decided to do the repair work to a chair for his wife. Don't ask him why or you'll get an earful!

He sought assistance from whomever he could (yes, even William), and eventually has now finished the chair, he has yet to decide if he will give it to his wife or keep it for himself.



ROADSIDE ITEMS TO THE RESCUE

Peter Ulmer and **Jeff Silberbach** have been working together restoring items they have found by the roadside and selling them to raise money for Peter's "other interest", Mentoring Men. We have previously told you a little about this organisation.

We know that when it comes to mental health, men often don't seek support. The Mentoring Men approach of reaching out to men in their time of stress and allowing them to talk openly in a safe, and supported mentoring environment, creates an opportunity to share their possible thoughts of suicide and open up pathways of providing appropriate support.



There are several hundred men engaged in this rapidly growing program, and when family, friends and workmates are added the program, it is positively impacting thousands of people in the communities in which we live and work. The program is inclusive, culturally diverse and not affiliated with any religious or political organisations. You can check them out on www.mentoringmen.org.au

This mentoring program supplements what we do here at the Waverley Mens Shed where we also encourage fellow members to "open up", but it actually involves having professionally trained volunteer male mentors who can provide non-judgemental support and connection.

Mentoring can make a positive difference in men experiencing a range of distressing and possibly life-threatening circumstances including loneliness, isolation, anxiety, depression, self-esteem issues, low motivation, dips in confidence, helplessness and hopelessness, all are challenges that could lead to suicidal feelings are prevented through mentorship.





WMH BEDSIDE DRAWERS ASSEMBLY LINE CONTINUES

This month our members have continued to assemble the flat-pack bedside drawers for the War Memorial Hospital. What started out (we thought) as a simple assembly of 2-3 drawers, turned into a major project assembling more than 20 of them, this required **Peter Black** (our flat-pack specialist) to recruit as many bodies as he could muster.

Even **Garry Connor** (who continues to be a member even though he now resides in Ballina but was visiting Sydney for the school holidays) was caught in Peter's web.

Peter developed a fine knowledge of how to put the sideboard and drawers together using the diagrams and instructions provided in the packaging, and went to great pains to repeatedly tell all who helped him not to deviate from these instructions. He developed a fine skill to build the furniture quickly and actually timed himself as to the speed with which he could put the furniture together.

Imagine Peter's dismay when **Mo Dhanoya** beat his time on his first attempt! Mo avoided being distracted by all kinds of stalling methods Peter could think of, even being accused of not using all the parts provided, all because he still had much of the hardware on the bench when he finished putting the sideboard together, but as it didn't fall apart there was no further investigation.



BEWARE THE NILE (TYPE "C") VIRUS

If you have ever worked with a computer you may relate to this! You certainly want to know about this virus that even the most advanced computer programs from Norton, McAfee, and others cannot take care of. It appears to target those who were born prior to 1958, and the lockdown seems to be increasing the chances of being affected!

Virus Symptoms

1. Causes you to send the same e-mail twice. (Done that)
2. Causes you to send a blank e-mail. (That too)
3. Causes you to send an e-mail to the wrong person. (Yup)
4. Causes you to send it back to the person who sent it to you. (Ah-ha)
5. Causes you to forget to attach the attachment. (Done that)
6. Causes you to hit SEND before you've finished. (Oh no, not again)
7. Causes you to hit DELETE instead of SEND. (Hate that)
8. Causes you to hit SEND when you should DELETE. (Heck, now what?)

This virus is called the **C-NILE VIRUS**! A lot of us have already been inflicted with this deadly disease and unfortunately as we age it gets worse.

READING OF THE WILL



"... and to my grieving family I leave what's left of my worldly goods and assets, but keep in mind that whilst I made a fortune during my lifetime, I spent almost all of it on women and wine, and I wasted the rest!"



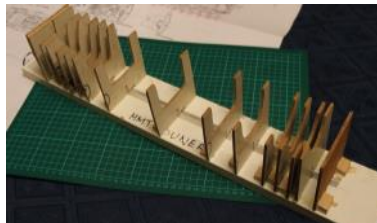
"HMT DUNERA" MODEL FINISHED

On the first day the Waverley Men's Shed opened for public membership in July 2013, **Tom Wolf** arrived at the Shed with a jig to make a model of **HMT Dunera**, a hired military transport that made a number of significant voyages in 1940. One of the voyages involved the transport to Australia of thousands of German and Austrian "enemy aliens" then living in Britain to be interred here, even though virtually all of them were escapees from Nazism, they were feared to be a danger to Britain at that time of WW2.

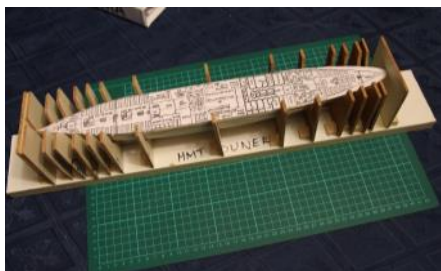
One of the men on board (collectively known as "the Dunera Boys") was Tom's late father-in-law, the model is dedicated to his memory and honours all the Dunera Boys.

After 7 years of working on the model on-and-off (more "off"), and after it seemed the model would never be finished when Tom was struck down with the COVID-19 virus earlier this year, he recovered and finished the model, it is ready to be presented to The Dunera Association to commemorate the 80th anniversary of the Dunera's arrival in Sydney in September 1940.

The model is of "bread and butter" construction involving layers of timber being placed atop each other (just like a sandwich) and is scratch built from plans obtained by research at the Vaughan Evans Library (Australian National Maritime Museum) in Sydney.



It is built at the scale of 1:350, a semi-miniature scale which makes construction more difficult. Progress of the building of the model is best illustrated by photos.





WCMS MEMBER: GRAHAM ELY



Graham was born in Trowbridge, England on 3 August 1945 - just as WW2 was coming to an end. He was born there because young children and expectant mothers were evacuated from London and areas which were subjected to bombing.

Both his father and grandfather fought in the wars, his Grandfather fought in France, was wounded and, captured in WW1. His Dad was a postie after serving in the army as a boy soldier and bandsman in the Duke of Cornwall Light Infantry in WW2.

Graham's father came from Greenwich in South East London, and his mother came from the beautiful Island of Guernsey in the Channel Islands, the only British land or territory which was held by the Germans during WW2. Mum was a very busy housewife with 6 kids and a cheeky sense of humour. Graham was the youngest and had a happy childhood.

His parents were not well off and Graham can remember having cardboard put in his shoes to cover the hole in the sole until they could get new ones and of course there were 'hand me down' clothes. A lot of vegetables were grown in the back yard. There was also a Gooseberry bush (Graham was told he was found under it?). His favourite meal was fried eggs with chips and tomato sauce except for Sundays - a roast meal. Graham's Mum used to cook everything in "dripping" - fat!!!

But they were a family and Graham now knows how important that was. They didn't have a car, but they did have pushbikes! His Dad made Graham's from spare bits he collected. It was a while before they could afford a TV and other comforts.

School was something Graham had to do, but he wasn't all that enthusiastic at school doing just enough to slip under the radar. All his school reports (he still has them) said "could try harder".

Graham rode his pushbike to school but he had to pass a proficiency test run by the police who watched for hand signals etc. and tested the road rules.

Graham was always interested in sports and played Soccer, Gymnastics and Rugby Union; thankfully he also learned to swim. He played Rugby Union after he left school.

Then he made one very lucky and momentous decision - to come to Australia. It was his first time in a plane - a 707, to go all the way from London to Sydney arriving November 28, 1967 - all for 10 British Pounds - that made him a true blue 10 pound Pom in the land of milk and honey, (a beer had just gone up from 15 to 17cents), sunshine, beaches, fabulous climate and so much opportunity, to meet people from all over the world who could smile and be friendly - and, he met his wife Myree - another reason he feels so very lucky.

Graham's tastes in food did change after coming to Australia with the great range of ethnic restaurants and of course Myree's cooking.

Through Myree; Mount Sinai College and Maccabi Sports Club he has been able to meet and call so many people a friend which is worth a million bucks alone for each and every one of them.

In Australia he watched Man walk on the Moon (in Martin place at the windows of the offices of Pan-Am); he was able to go opal mining at Lightning Ridge and gold panning at Sofala near Bathurst. (and still has some Opal chips and some spots of gold); he learned to drive a car, to body surf (sort of), to learn to Scuba and snorkel and to play Squash.

Graham was able to meet his extended family, living in New Zealand, and to be able to bring some of his family here, (to show them what they were missing).

He is over the Moon to have married a wonderful woman and to father 3 fabulous girls; to assist in their upbringing and watch them grow. Now he also delights in his grandchildren

After arriving here, he has proudly supported Australia in every sport they played. Some people seem surprised at that (what do they want for 10 Pounds?).

Of course, living in Kingsford and Maroubra, Graham could not support any other domestic team but the great South Sydney Rabbitohs. His support started when he left home one morning for work and found the telegraph poles and street lights all decorated in Red and Green - he didn't know what it was for!!!! But he very soon learned ...

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cont. from p.10

So, how did he arrive at the Waverley Men's Shed? His only memories of woodworking are from High school where he basically learned how not to use a plane! But he did keep interested and with one of his daughters, he completed a couple of courses in furniture restoration and also purchased a few tools intending to make or fix some things. When his youngest daughter was moving it was necessary to empty some storage, particularly a family table, six chairs and a kitchen dresser. An attempt to sell them failed; as did the attempt to give them away. He learned that the Men's Shed did not take on those sort of items for their own profit – so he decided to join the Shed and do the restoration for himself.

Another great decision. Graham found the members were friendly and extremely helpful with advice on the 'how to', and 'what to' use to get him started. It took a while but the restoration job is completed. They're all in use.

In the three years he's attended, Graham has found that the atmosphere is the same, even if some of the faces have changed. He says that he has learned heaps, not only the 'how to', like which way to point a chisel when you are going to hit it and how to saw a straight line, but also what tools can be used and what tools can save time and energy on a project. All the tools belong to the shed and are there for use which is a huge asset.

Graham has acquired new skills, has learned to use the Router and made a great dovetail jointed box, he has learned that it is a lot better to ask for help with the table saw! He has been shown how to use other machines the correct and safe way. He has become a lot more confident in the work he does and have realised how much time and effort is being put into the Shed by the people who run it. The atmosphere there is always good with lots a chat and the occasional joke while lunch is on. Everybody offers to help if there's a problem, and among the members there are those who, thankfully, have a lifetime of experience and a great desire to help anyone with anything to do with woodwork.

In appreciation of what the Shed means to him, Graham has taken on the position of Secretary on the Committee of Management of the Waverley Mens' Shed and has carried out that job with distinction.

When asked to make a comment about his regular attendance, Graham remarked **"The Shed is a lifeline that gets me out of bed and ready to go"**.



THE ULTIMATE LOSS

When I went to lunch today, I noticed an old man sitting on a park bench sobbing his eyes out. I stopped and asked him what was wrong.

He said, "I have a 22 year old wife at home. She rubs my back every morning and then gets up and makes me pancakes, sausage, fresh fruit and freshly ground coffee."

I said, "Well, then why are you crying?"

He said, "She makes me homemade soup for lunch and my favourite brownies, cleans the house and then watches sports TV with me for the rest of the afternoon."

I said, "Well, why are you crying?"

He continued, "For dinner she makes me a gourmet meal with wine and my favourite dessert and then makes love with me until the wee hours".

I said, "Well, why in the world would you be crying?"

He said, "I can't remember where I live!"



TECHIE TIPS #2

With the likelihood that we might encounter a second wave of COVID 19, I thought this might be timely for members and their friends.

DISINFECTING WOOD FURNITURE TO FIGHT COVID 19

Wood furniture is found in many places, and used as anything from the kitchen table to an end table in the bedroom. Coronavirus can live on wood furniture for up to four days and can be transmitted to another person, which makes it important to clean and disinfect these surfaces.

Making a Disinfectant Solution for Wooden Surfaces

Bleach solution (1part bleach 9 parts water) is usually used to disinfect ceramic, plastic and metal surfaces, **but can damage wooden surfaces.**

The best ingredient for wood surfaces is alcohol. According to health experts, the solution that can destroy the coronavirus should be a **70 percent alcohol concentration.**

Common methylated spirit (denatured alcohol) or 'metho*' is at least 95% ethanol but needs to be diluted with water to 70% alcohol content (7 parts alcohol and three parts water) to effectively kill the virus and not just hibernate it.

Warning

Industrial Alcohol (methanol) is ineffective against coronaviruses and it is highly toxic for humans.

How to Disinfect Wood Furniture Step by Step

You can disinfect wooden furniture with these three simple steps:

Step1: Making the Disinfectant Solution

Fill a 5 cup spray bottle with 3.5 cups metho*, and add 1.5 cups water and about five drops dishwashing soap if the wood is soiled. The soap works as an added cleaning element.

Step 2: Spray the Solution

Spray the disinfectant solution onto the wood furniture shielding any fabric. Let it stand and after one minute wipe off with a damp cleaning rag. Using a damp rag removes any water-mark left by the soap.

Note: It is advisable to conduct a small test patch on a remote area before proceeding.

Step 3: Drying

Wipe the surface of the furniture with a dry cleaning rag to remove any excess moisture.

Key Points

The **coronavirus** can survive for up to 4 days on wooden surfaces such as furniture.

The best way to disinfect wooden surfaces is ethanol and water solution.

The best percentage of ethanol to eliminate the coronavirus is 70%.

If you have 95%+ alcohol, you should dilute it with water at a ratio of 7 parts ethanol to 3 parts water and use it as a disinfectant for your wooden furniture.

Methanol does not work in this case and bleach can damage wooden surfaces.

It is advisable to conduct a small test patch on a remote area before proceeding.

*Metho (methylate spirits) is available at most hardware chains in 1 and 2 litre bottles.

Question to the Techie about Tip #1

The Tip was: "Never use a try square with a 45 degree bevel for drawing 90 degree lines."

Colin Lipworth asked: "Are you referring to a combination square? Why shouldn't you use it?"

Techie replied: "It is because the blade on a try square with a bevel is longer than the stock so there is leverage on the pivot point of the bevel which can cause the line being ruled to move off square. Nice question."