



WAVERLEY COMMUNITY MEN'S SHED INC.

ANNUAL REPORT 1 July 2016 - 30 June 2017



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ROLE OF “THE SHED”

The Waverley Community Men's Shed is an incorporated body under the umbrella of the Australian Men's Shed Association (AMSA) – we are Shed No 751 of over 1000 Sheds in the Association. Our Shed is currently open Monday, Tuesday and Wednesday from 10am to 3pm and we invite men to join with us to socialise and work alongside other men on various community and individual projects.

The aim of our Shed is to advance the health and well-being of our members by providing a safe and happy environment where men can, in the company of other men, socialise, use their creative skills (such as with woodwork), learn new skills, and learn about men's health and well-being.

Our Shed seeks to address the issues of isolation, loneliness and depression which are faced by many men when they cease full-time employment or are looking for work by providing them with a space, tools, support and programs. We provide a support and referral service to members with health issues, directed towards meeting their physical, emotional, mental health and support for the human spirit.

The Shed is located on the grounds of War Memorial Hospital, a Uniting facility, and we are grateful to both organisations that encouraged the formation of our Men's Shed and provided the physical facilities for our use and development.

The Waverley Shed



Beautiful grounds of the War Memorial Hospital



Annual Report 1 July 2016 to 30 June 2017

PRESIDENT'S REPORT

It is with great pleasure that I report to our members on the activities of the Shed for the year ending 30 June 2017, the fourth year of its operation.

I would firstly like to thank Board members for their time and help in effectively running the Shed for another year. The Board has overseen a year of wonderful achievement in terms of member and community service while ensuring we finished the year on a firm financial footing. Our appreciation goes to Eliot Redelman who decided to step down from the Board and as Secretary after two years of loyal service.



Board of Management, l to r: William Honeyball, Garry Connor (co-opted to the Board), Peter Black, Eliot Redelman (Secretary), Peter Chapman (President) Clif Munro, Rodger Jamieson (Treasurer), Tom Wolf (Men's Rep), David Brem (co-opted), not present.

MEMBERSHIP

I would like to thank our members for your involvement in the Shed in the year gone by. You represent the most important part of the Shed and although tools and machines are important, it is the member group that gives the Shed its purpose and character. Our member group continues to generate mateship and care for others by providing technical help in-Shed and following up member needs outside the Shed.

At the end of February 2017 we reported to AMSA that our Shed had 46 financial members, increasing from 36 the previous year. It is pleasing that our primary intention was realised this year - to grow the membership base by an increased focus on making new, and in fact all, members feel welcome.

Again, in 2016/17 the Shed was open for operation three days a week, 10am to 3pm, all year with a 4 week break over the Christmas period.

The Shed's location makes it conveniently accessible by car or public transport from Randwick, Waverley and Woollahra Municipalities, where our members reside, in approximately equal representation.

The way in which members applied their skills to community projects was a highlight to me in 2016/17. Many organisations and individuals come to the Shed for help with their projects that men work on, and for which we receive genuine thankyou's. One touching thankyou received from children at Rose Bay Primary School came in the way of this poem (transcribed from their original artistic format):

THANK YOU WMS

To the hardworking men of Waverley
We thank you for your time
Spent making people happy
And being so devine.

While cutting many blocks of wood
We write this poem as we should
We use this wood for our art
And we thank you for your generous hearts.

Saving us from using tools
Us youngsters never really use.
Again, our class shows gratitude.
This makes our teacher happy too.

So, to the hard working men of Waverley
We thank you for your time
Spent making people happy
And being so devine.

SHED ACTIVITIES

Projects

Community Projects

As part of our community involvement we completed many projects over the year for a variety of organisations and needy individuals. This is a fundamental activity of the Shed that is carried out selflessly by our capable members. No matter what the requested tasks are, our technical members seem to always find a way to apply their skills very effectively. Some of these projects are shown below.

Rodney Bassetti bringing back to life a surf rescue reel for Bronte Surf Club by way of careful restoration:



Peter Black was the project leader for the building of 50 quoll boxes for Rewilding Australia. These enabled the transportation of quolls from Tasmania to the mainland for their re-habitation:



Peter Black with the easles he helped make for the Sir Moses Montefiore Jewish Home:

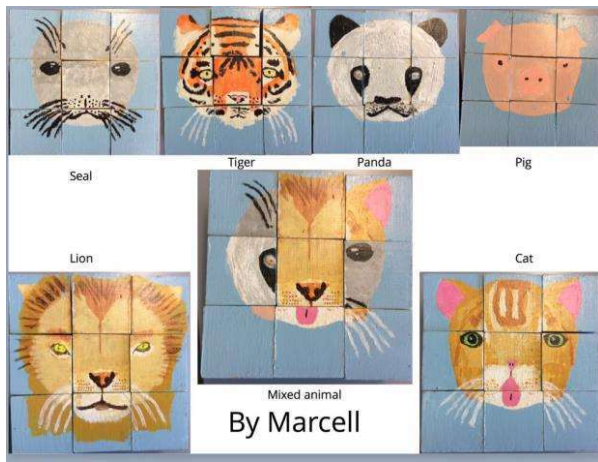


We were happy to help out the youngsters in our community with the cutting of 210 timber cubes for Rose Bay Primary School's art project. It was heart-warming to receive the children's tokens of genuine appreciation by way of a poem, card, certificate and lovely email from the teacher.

David Colwell sanding one of the 210 cubes:



The clever 3D paintings by the children brought the timber cubes to life as shown (over) as part of their finished art work. Here we see seven sets of nine blocks painted with animal faces, which can also be jumbled up to create new creatures:



Another wildlife related project was the building of Brush Tail and Ring Tail Possum boxes for WIRES Wildlife Rescue. We started off making 18 of these, although the need may be for many more.



Showing the versatility of our technical team, they were able to provide an arm exercise trolley for St Vincent's Hospital Physiotherapy:



Waverley Community Men's Shed

Individual Projects

The men of the Shed are involved in individual projects which are many and varied in nature. Personal projects shown below are just some of those made in 2016/2017.

Tom Wolf's expertise in replica ship building (below) has inspired others seeking new activities to give boat building a go. This year he recreated a model replica of the Endeavour with all its fine detail.



A Viking ship made by David Colwell demonstrates the endless forms of model boat building. David discovered this new talent at the Shed:



Furniture repair and making is a natural part of a men's shed and Waverley is no exception. Garry Connor is shown here with his new coffee table with display inset.



Picture frames are a popular item for members to make for themselves or others. Fred and David showing off one of their frames:



For those with patience, as Garry Connor has shown, a chess board and chess pieces are a practical personal project that can be carried out in the Shed:



Creativity is the name of the game when it comes to children's toys, such as this fairytale forest house:



This rocking bike was made by our shedders and given to War Memorial Hospital for a Christmas raffle:



Shed member Rodney Bassetti offered his services to run art courses. Rodney is a lifelong artist who has developed a technique of projecting images onto canvas from photographs, which helps achieve correct proportions.



Computers

The Shed has three computers that the men can use to search the web for woodworking designs and other project ideas. We also have project magazines that help in this way for those not so IT savvy.

Celebrations

We celebrated the fourth birthday of the Shed in July 2017 with a lunch provided by members. The food was top class and as usual there were plenty of leftovers. We are getting quite a reputation for our in-house catering.

Prime Minister's Visit

We were extremely fortunate to have the Prime Minister, the Hon Malcolm Turnbull MP, Member for Wentworth visit the Shed to commemorate Men's Health Week in August this year. Mr Turnbull has been a big supporter of the Waverley Men's Shed as this visit demonstrated. The Federal Government also provided a grant for our Shed. It was a great opportunity for our members to meet the Prime Minister and show off their work.



Clif Munro meets the Prime Minister



Tony Mandarano showing his work to the Prime Minister



William Honeyball demonstrating the table saw to the Prime Minister and Mr Bruce Notley-Smith, MP, Member for Coogee.

Waverley Community Men's Shed

Other Events

Bunnings sausage sizzle

Once again in September, to mark Father's Day, Bunnings Randwick generously provided their premises to hold a fundraising sausage sizzle. And once again many of our members gave up their time to help out. We are extremely thankful to Bunnings Randwick for enabling us to raise funds while at the same time to promote the Waverley Men's Shed. Bunnings have also been generous with gift vouchers and product donations to the Shed.



Bunnings Randwick sausage sizzle



Fred Oertli at the Bunnings Randwick 'awareness table'.

First aid training

Shed supervisors are required to be first aid proficient and so with funds provided by Woollahra Council, 10 Supervisors attended Royal Lifesaving's First Aid Certificate Course run by Mr Phil Wicks. Due to Phil's expert instruction, all students passed and received their certificates.



Asylum Seeker Talk

One of the Shed's loyal supporters, Hadi Kazemi, gave a short presentation on the topic of asylum seekers. Hadi is a volunteer with the Asylum Seekers Centre in Newtown, a place that provides practical and personal support for people living in the community who are seeking asylum.



Shed Management

To run the Shed we not only need a Board but a dedicated team of volunteers to provide safe and pleasant supervision of the operation.

Our Shed supervisors comprise two groups - Management and Technical. Management supervisors look after the smooth running of the shed when it is open, while the Technical Supervisors oversee the use of machines, tools and equipment with men's safety foremost in mind. These men give up their time where they could be working on their own projects to help manage the Shed. The Technical group provide one of the Shed's most important services through training and certifying men on the safe use of machines.

Management Supervisors:

Peter Chapman
Rodger Jamieson
David Nathan
Eliot Redelman
Raymond Garfield

Technical Supervisors:

Peter Black
Garry Connor
William Honeyball
Clif Munro
Tom Wolf
David Brem

Routine Tasks

Thanks to all our members for the necessary housekeeping and bringing order to the storage of the many hand tools, nails, screws, other fixings and timber that are needed to run a successful Men's Shed. Thanks, also for your end of day clean-up of the Shed floors, washing dishes and dealing with our bins.

The Social Side

There is another side of the Shed that is very important and to be encouraged – the social side. Tools-down for lunch is compulsory making a time for conversation and switching off. Tom Wolf does a great job in organising dinners out when shedders and partners enjoy each other's company in a relaxed setting.



GRANTS AND SPONSORSHIP

Woollahra Council once again supported our Shed through their Community and Cultural Grants Program for 2016/17. We are grateful to Woollahra Council for their grant for tools, machines and first aid training for 10 Shed supervisors.

Waverley Council's Small Grants Program that enabled us to add a Timber Storage Shed in 2016 has proven to be an extremely valuable asset for us. It has given us additional space to store timber of all sizes while decluttering working areas and improving work safety.

We are grateful for the ongoing support from **War Memorial Hospital and Uniting** in the provision of the facility that we use for our Men's Shed along with the necessary services. In addition they have sponsored us previously which helps to keep the Shed running.

Department of Infrastructure and Regional Development, in July 2016, through our local member the Hon Malcolm Turnbull, Prime Minister, approved generous funding under the Stronger Communities Programme (SCP) to the Shed for the purchase of equipment and upgrade of lighting and electrical works.

OUTSIDE LINKS

Attendance at War Memorial Hospital (WMH) Programs

As we operate on the grounds of War Memorial Hospital we have been encouraged to take advantage of the facilities available, including:

- Men's Health Promotion Seminars
- Centre for Healthy Ageing – an over 60's Gym
- Rehabilitation after illness
- Work Health and Safety Committee representation.

OUR THANKS TO

Without the help and financial support of many organisations and individuals The Shed would not be able to operate. They are vital in enabling the Shed to serve its members and the community according to its constitution. I would like to personally and on behalf of the Board record our thanks to:

- War Memorial Hospital and Uniting for providing our physical premises, and for the ongoing sponsorship of the Shed;
- Uniting, for their support, grants and encouragement;
- Ged Hyde, War Memorial Hospital Executive Manager and Catriona Beaumont, WMH Health Promotions for their encouragement and support; and the Reception personnel for looking after our mail. We also appreciate our invitation to the Hospital's Committee meetings;
- Waverley Municipal Council for grants to continue develop and run the Shed; and for our waste collection service;
- Woollahra Municipal Council for help to develop and run the Shed, and improve shed safety;
- Church In the Market Place for their support, encouragement and use of office equipment and photocopying;
- Clovelly Community Bank® Branch of Bendigo Bank for conducting our banking facility and their continuing support of our Shed activities;
- Bunnings Warehouse Randwick for their donation of products and fundraising sausage sizzle on their premises;
- Sunlite Mitre 10 Hardware Bondi Junction for the donation of many items;
- The Prime Minister's office and the Federal Government for the Stronger Communities Programme Grant;
- Guardian Funerals for their support;
- Prime Minister, The Hon Malcolm Turnbull MP for his visit, donation and gift;
- Bronte Surf Club for its donation;
- Mr James Espie for his donation;
- Our auditor, Peter Roebuck, for his honorary audit of the Shed's accounts.

THE FUTURE

With a growing membership and many ideas on the table for ways to meet the needs of men in our Eastern Suburbs community, the Board sees an exciting future for the Shed. We expect with more management and technical supervisors, we can look forward to opening on other days.

Two of our main goals for the past year have been achieved, namely:

- negotiation of a licence agreement with Uniting; and
- completion of the timber storage shed;

Goals for the 2017-2018 year include:

- Greater focus on individual member needs
- Increase supervisor capacity with a view to extending opening days.
- improvements to infrastructure and machinery;
- continue running certification classes for use of Shed equipment.
- over the longer term to development of a welfare program to support our members in body, mind and spirit.

On behalf of the Board, I can say we are looking forward to welcoming new members, and to having continuing support as we continue to build on our achievements to date.

Visitors are always welcome to knock on the door of the Shed, to see what we are about and enjoy a cup of tea and a chat on the deck.

My second year as President has only strengthened my view that a facility such as the Waverley Men's Shed occupies a fundamental part of the community. The constant enquiries I get tell me it is in high demand. It is a challenge then, for the Board and me to meet this demand effectively - to run a high quality service. And knowing that you have great people involved I am sure this will be achieved.

Kind regards
Peter Chapman - President
Waverley Community Men's Shed Inc

BOARD OF MANAGEMENT

President	Peter Chapman
Vice President	Tom Wolf
Treasurer	Rodger Jamieson
Secretary	Eliot Redelman
Men's Representative	Tom Wolf
Board Member	Peter Black
Board Member	William Honeyball
Board Member	Clif Munro

The following members of the Board and office bearers will be stepping down from the Board at the 2017 Annual General Meeting but will offer themselves for re-election:

- Peter Chapman, President
- Rodger Jamieson, Treasurer
- Eliot Redelman, Secretary (will not be standing)
- Clif Munro

ADDRESS FOR CORRESPONDENCE:

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War Memorial Hospital
125 Birrell St Waverley NSW 2024
T 02 9386 5998 E waverleyshed@gmail.com

APPENDIX

AIMS AND OBJECTIVES OF THE WAVERLEY COMMUNITY MEN'S SHED

1. THE SHED'S AIM

The Shed's aim is to advance the health and well-being of our men by providing a safe and happy environment where they can, in the company of other men learn about men's health and well-being, pursue hobbies, pastimes and interests, learn new skills, and practise and pass on old skills and contribute to their families, friends, the Shed and their community.

2. OBJECTIVES OF THE SHED

The objectives of the Shed are to:

- (a) advance the health and well-being of our members by providing a safe and happy environment where men can, in the company of other men:
 - (i) learn about men's health and well-being
 - (ii) pursue hobbies, pastimes and interests
 - (iii) learn new skills, and practise and pass on old skills
 - (iv) contribute to their families, friends, the Shed and their community.
- (b) provide a support and referral service to men with health issues, directed towards meeting their physical, emotional, mental health, and spiritual needs
- (c) establish and run services and programs which will assist to advance men's health and wellbeing by encouraging and assisting men to gain access to relevant services and information available to them within the community
- (d) provide a place for men – especially those who have retired or are unemployed – to socialize, use their creative skills (such as with woodwork), learn new skills and mentor each other and younger men in the community
- (e) address the issues of isolation, loneliness and depression which are faced by many men when they cease full-time employment or are looking for work by providing them with a space, tools, support and programs
- (f) include such other activities as may be considered appropriate by members and providers of the services;
- (g) raise funds for the purposes of the Shed by any method approved by the Charitable Fundraising Act (NSW), 1991.