



SHEDDER'S COOKBOOK

How often does your other (better) half complain that you don't support her by doing some of the cooking? Let's hope not too often.

This is a recipe that Tom Wolf has found easy to make and delicious. We are reminded that you don't have to be a great cook (you heard about the army joke when the sergeant asked "Who called the cook a bastard? ...") but it is good to tempt fate at times and to prove victorious. This is one of Tom's favourite recipes.

Today we turn to a party fruit salad bowl, This is a table centrepiece that can be used for children's parties as well as for grown-up children, the picture tells it all:

PIRATE SHIP

What a fantastic way to get a WOW! factor from a simple fruit salad serving dish?

The masts and spars are made of kebab skewers, you may need to borrow your grandchildren's LEGO for the pirate captain (or just leave it off).

The KFC cup can be exchanged for any take-away coffee cup for the crow's nest.

Bon Appétit!



If you have a favourite recipe that you have actually made and would want to share with your mates, why don't you send it to us.