



# SHEDDER'S COOKBOOK

How often does your other (better) half complain that you don't support her by doing some of the cooking? Let's hope not too often.

This is a recipe that Tom Wolf has found easy to make and delicious. We are reminded that you don't have to be a great cook (you heard about the army joke when the sergeant asked "Who called the cook a bastard? ...") but it is good to tempt fate at times and to prove victorious. This is one of Tom's favourite recipes.

## CHEESE TWISTS - 24 pastry delights

### Ingredients:

- 6 Sheets of frozen puff pastry, each sliced into 4 pieces
- 2 Eggs
- 250g Shredded tasty cheese

### Method

- Line baking tray with baking paper (curved side up)
- Brush puff pastry pieces with beaten whole egg
- Spread layer of shredded cheese
- Roll up and squeeze both ends
- Twist
- Brush top and bottom with egg
- Spread shredded cheese on the top
- Bake on 180C for 25 minutes



Bon Appétit!

If you have a favourite recipe that you have actually made and would want to share with your mates, why don't you send it to us.



I WANT TO GROW  
MY OWN FOOD  
BUT I CAN'T FIND  
BACON SEEDS.

Now that food  
has replaced sex  
in my life ...



I can't even get into  
my own pants