



WAVERLEY COMMUNITY
MEN'S SHED INC.

SCUTTLEBUTT

WCMS MEMBERS' NEWSLETTER

Patron - The Hon. Marjorie O'Neill MP, Member for Coogee

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IF YOU ARE NOT WELL, YOU ARE NOT WELCOME AT THE SHED!



PRESIDENT'S MESSAGE

Shedders,

With the new financial year upon us already, we have decided to change our accounting software, but before we go we need to thank Rodger for his work building and operating the system that we have used since the start.

Rodger's system has served us very well and importantly because of his effort it has been very cost effective (zero cost).

But for the rest of us, without his skill and knowledge, the system takes too much time and effort.

This means that the time has come to move to a system that can be operated by a non accountant with ordinary computer skills.

The chosen system is one used by St Ives Men's Shed and because of its ease of use it should allow our treasurer to spend some time on the work bench making things rather than sitting at the computer.

Thank you Rodger.

We had a presentation from the Uniting development people in June, these are the people that are planning the massive redevelopment of the site. They have been working on the options for many years and have had more than a few knock backs, knocks that have delayed their work very significantly.

The latest action was the submission of a Development Control Plan to Waverley Council on 4 July, the result of which was even more delay.

Uniting are now expecting consideration of their Site Specific DCP at the August council meeting.

But independent of this we were assured that Uniting do want a Men's Shed on the site in the future and in their brief to their architects they suggested that we should have 50 to 100% more space than we have at present.

Because of the large costs of the development they are planning that we might use some shared facilities.

For example rather than have a separate kitchen and tea room we might share these with other groups on days when we are not using them.

The sad news is that the current position of the Shed is on land that will be part of their Stage 1 development. This means that we will be one of the first buildings to go.

The good news is Uniting have committed to look for a place to house us while the development proceeds.

As to timing, no one knows, but it is likely the we will be in our current Shed for the next two or three years and will have to relocate for perhaps seven years before we move back into the new facility.

Peter



FROM THE EDITOR'S DESK

On reviewing my mailing list for Scuttlebutt, I was suddenly struck by the numbers that were members 2022 (and who still receive this newsletter), and who have not renewed for 2023. This may of course be for many very good reasons best known to these former members, or it may just be oversight.

If it is oversight, we are almost half way through our membership year, so please complete your Renewal Form and return it with your payment ASAP to maintain your membership.

Tom

Uniting

invites you to a free seminar on

Hearing and Vision

Monday 7th August 12.30pm – 2.30pm

- Information on common eye conditions and the latest treatments
- Common hearing problems and use of aids

Entry from 12pm, light lunch will be provided

Bookings essential: Catriona 93690215

catriona.beaumont@health.nsw.gov.au

War Memorial Hospital Day Centre
125 Birrell St Waverley

Seniors only



KENNY'S POKER TABLE

Some people take their card-playing seriously. For some months we have shown photos of Kenny Lazarus making a poker table with chip holders, and now we can show you the finished project.

A heptagonal (seven sided) table with all the difficulties of getting those angles right (and he got each of them perfectly right), with imbedded chip holders (just like a professional table).

Seriously fantastic!!

Let's hope good luck follows!!



I put my scales in the bathroom corner ...

and that's where the little liar will stay until it apologises!





SHED GOINGS-ON (CURRENT PROJECTS ETC.)

We are pleased to report on some more exciting projects being created at the Waverley Shed.



Martin Przybylski is repairing a **fold-down occasional table** that has been broken for years

Sid Lewinski is restoring a much loved 3-tier **sewing box**.



Ray Tajer is learning turning under the supervision/guidance of **Ian Dawes**. His **bowl** is coming along really nicely!

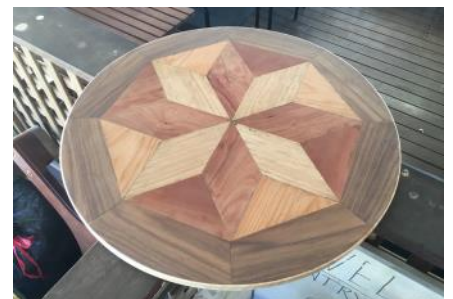


Jeff Silberbach is turning a **toilet roll holder** for home (right)

"Turning by Committee" ... **Peter Charlton** is turning a **bowl** while **Rodger Jamieson** and **Ian Dawes** look on (left)



William Honeyball has completed a **veneered tabletop** for one of his grandchildren and has started on another one (with a different pattern) for another (right and below)



Craig Rubenstein is making a **prayer "Temple House"** to some very precise specifications. When completed it will be used as a personal altar in someone's home. (left)

cont. p.4

cont. from p. 3



Stephen Lardi decided not to finish the bread box he was shown building in the last issue, instead he is making the **bread box/ bread cutting board lid** shown in the photo on the left.



Michael Barker purchased a **flat-pack outdoor coffee table** that regrettably had some broken pieces. Rather than returning the item, Michael decided to repair it himself. (left)

Harry Jacobs is making a **cutlery/condiment box** to match his charcuterie board (right)



Graham Ely found some damaged timber with deep holes that he is filling with Bees Wax Filler to make a long **charcuterie board/table protector** (left)

Gad Kainer is making a **step** for his home (right)



My small grandson got lost at the Mall, he approached a uniformed security guard and said "I've lost my grandfather!" The guard asked, "What's his name?" "Pops" The guard smiled, then asked, "What's he like?" The little boy hesitated for a moment and then replied, "Chivas Regal whisky and women with big tits!"



MARTIN'S DINING TABLE AND CHAIRS

It took quite some time and a lot of effort, but **Martin Przybylski** has finished restoring his family's favourite **dining table and 6 chairs**. Made of recycled Australian hardwood and acquired around 30 years ago, the table and chairs had been a central part of Przybylski family life for several decades. Family celebrations, birthday parties, homework and school and Uni project had left their mark, including a table-top imprint of a hot iron resulting from a momentary brain fade on Martin's part.

Several days of sanding, four or five coats of varnish and lacquer and re-upholstering of the chairs have rejuvenated the table and chairs for another thirty years.



HARDWOOD WORK HOLDERS

Following up on the recent article (Scuttlebutt, August 2023) about hardwood work holders used by **Richard Cortis** in grabbing a previously milled brass plinth and re-milling and re-drilling it, Richard later confessed that it is not the first time that he used this (what your Editor thought to be an ingenious) method.

Readers will recall that Richard drilled holes with the precise diameter fractionally under the diameter of the brass rod into hardwood at the correct angle (usually straight 90 degrees, but as seen in the photo on the right, it may vary) and then cutting the wood in half (so that when clamped the hardwood acts as a strong vise without damaging the brass rod). Richard's only further advice is that it has to be good hardwood or it slips during machining.



PUZZLED

Walking around the War Memorial Hospital at Waverley, one cannot but be amazed by the beautiful Vickey Building standing on the eastern side of the grass quadrangle. The building erected and fitted out by Ebenezer Vickery is the stuff of legends, and the generosity of the Vickery Family and their relationship with the Uniting Church is well known and documented.

There is one find on the grounds that is, however puzzling. Just adjacent to the Carrington Road Gate, there is a capstone of a building, other than that of the Vickery Building. As the photo shows, this impressive capstone is carved "E. Vickery 1864" but the story behind it is not known. If any reader can clarify this question, please let your Editor know.



Jack received a bill from the hospital for his recent surgery, and was astonished to see a \$900 charge for the anaesthetist. He called the doctor's office to demand an explanation.

"Is this some kind of mistake?" he asked.

"No, not at all," the doctor said calmly.

"Well," said Jack, "That's awfully costly for just knocking someone out!"

"Not at all," replied the doctor. "I knock you out for free. The \$900 is for bringing you back around."



A CAUTIONARY NOTE

From time to time I receive articles from our readers with the expectation that I will "reprint" it (in breach of copyright), or that I will forward it on. Neither is something I will ever do as I respect the privacy of the people on our mailing list.

In any case, I got a note from a member asking that I circulate an advice from an apparently good authority of what to do in case you are having a heart attack and there's nobody around. It advises that induced repeated and vigorous coughing will assist.

I ran this theory past a medical practitioner who informed me that **this MYTH has been circulating on the internet for the past several years and has NO basis in truth. Coughing does not prevent cardiac arrest.**

Our medico friend advises that you should **pull to the side of the road, call 000 and tell them to send an ICU ambulance immediately, and give them the nearest intersection and details about your vehicle – this may save your life!** (oh, don't forget to leave your car door unlocked!

Tom



WASTEWOOD

In a recent report to Scuttlebutt, **Tod Thompson** referred to his source of purchased quality timbers to be from Wastewood, at Marrickville.

Most of our Sheddies are not familiar with this resource which in so many ways meets our requirements and environmental beliefs.

Wastewood provides 100% recycled timbers by saving beautiful, discarded wood and giving it a second chance.

This is achieved by collecting thrown-out wood from residential renovations, skip bins, dusty sheds, and council pick-ups.

All nails are removed in-house, then re-milled "back to beautiful" for a clear view of grains and features on each surface.



Their on-the-spot workshop services provide wood cutting and machining to the perfect size and shape, including sawing, planing, drilling, cutting, sanding, and more.

If you decide not to work on your own timbers at the Shed, you can take your own timber to utilize their machinery and tools to transform it into functional pieces of furniture or decor.

Tod assures us that he was totally satisfied with the service and the price of the timbers that he purchased. Just as a by-note, when Tod's partner went there to source some American Oak for her floating shelves, she got a small splinter and the staff very helpfully removed it for her. Now that is service!

OPEN Tuesdays to Saturdays - 11am to 5pm

No Booking Needed!!

1 Mitchell St. Marrickville



BRAINFREEZE

"OOPS!"

HARRY'S CHAIR



Sometimes a job or project being carried out by one member captures the attention of everybody else at the Shed. It was so when Harry Jacobs brought in his daughter's dining chair with a broken back panel to be fixed, and this time Harry asked Graham Ely to do the repairs/restoration.

The back of the chair incorporated a fancy design panel that first had to be removed, and Graham set to by injecting hot water into the spaces around the panel so as to loosen the hide glue that had been used.

It soon became apparent that there had been prior attempts to fix this panel, and therefore there was a little more that the usual or ordinary repair to be carried out by removing traces of that older work and varieties of glues.

It was decided that the best way was for the panel to be totally replaced as otherwise it was likely to break again.

Harry went out and purchased an 8mm thick hardwood timber panel, and when finally Graham



removed the old broken panel, the panel was used as a template to trace onto the new panel.

It was at that time that Tom Wolf volunteered to help out,

Tom has had extensive experience with intricate cuts with the scroll saw, so Graham only too willingly agreed for Tom to do the bulk of the cutting (although Graham did do some small cuts).

The end result? The encouraging remarks by all Shed members who saw the finished chair, and the smile on Harry's face was enough proof of the success of this repair/restoration job.

COOKING INSTRUCTIONS





THE CYCLE OF LIFE

When it comes to cycles in Clif Munro's life, it means three wheels on the ground – a trike.

At the beginning, his first ventures on wheels were on a dinky trike. Living on a quarter acre block in Cabramatta, there was plenty of scope for the short legs to pump away, delivering make-believe parcels to different areas. Occasionally, there might be an expedition with Mum to the nearby shops to 'help' her bring home groceries. This was war-time and there wasn't much to buy on restricted ration coupons.

Clif got his motorcycle licence in 1957 on an Excelsior moped. This was soon replaced by an AJS 500cc single cylinder motorbike, and so began a procession of bikes.

V-twins became the favourite engine, with their excellent lower revving torque – Harleys were rumoured to pull out tree stumps. At various times the stable contained Honda, Yamaha and Harley V-twins and this continued until accidentally discovered kidney tumours caused a slide in strength, - to the point that the (then) Harleys couldn't be held up once they went past 15 degrees from perpendicular when stopped.

And so the cycle returned to its starting point.

The dinky had transitioned into a Yamaha 1100 shaft drive trike which was happily ridden from Queensland to Tasmania and all points between. While it could sit on the speed limit, it was a bit of a chugger, so Clif went over to the dark side and acquired his first 'reverse-trike'.



That is, 2 front wheels and a single back wheel. The trike was a canary yellow CanAm Spyder990 made by Canadian aircraft manufacturer Bombardier. The attraction was having a reverse gear (rather than duck-walking 400kg of Yamaha backwards to park). However, Clif found the sportsbike style of riding too difficult to adapt to after years of 'cruiser' riding, so he exchanged the Spyder for another CanAm product- a Ryker900.

More bare bones, it is lighter at 230kg and all the things a senior rider appreciates –

nimbleness, lower seating, computerised display, a reverse gear, automatic CVT transmission and a coffee maker. His god-daughter appropriately calls it 'the Bat-Bike'.

And that's how it should be.



SID'S SEWING BOX

Sid Lewinski is passionate about his projects, he approaches each one as a treasured item. For the past few weeks he has been refurbishing an old sewing box with great care, asking, receiving and observing instructions and assistance from the more experienced Shedders.



The result is there to be seen.



RODGER'S CARRY WHEEL SECURITY LOCK

When surfing at places like Noosa, you need to walk out some kilometres to get to the surf, so a wheel carrier (a 'Go Wheel') is a useful invention to help support your longboard while walking. To protect the wheel carrier when you are out in the surf from theft, a retractable wire combination lock is useful to lock the wheel to a tree or other object so it won't be stolen. Rodger Jamieson has such a wheel and a lock, the photo shows the lock holding the surfboard wheel to a tree while Rodger went off surfing to safeguard the wheel.

Regrettably the toggle end rusted out and on the winter solstice Rodger asked Richard to repair his security lock. On inspection, Richard found the lock to be an interesting device with a retractable plastic covered 1.5 mm diameter steel wire with a locking toggle on the end of the wire. In this case, the locking toggle had rusted off and his job was to re-attach the toggle to the wire.

However, the security wire is tiny, only 1.5 millimetres in diameter with the plastic on. After consideration, Richard cut an M4 male thread on the 4mm residual stork of the toggle so a new fitting could be screwed on to accept the security cable.

Richard selected a large brass screw from his stock and cut off the head and the thread so that he could use the shank for the new piece.

The next step was to machine a round end on the shank and then to drill the piece longitudinally using the lathe so it could be threaded M4 female to screw onto the toggle stork. The drilled end was also countersunk so it would fit neatly onto the taper of the toggle. The new brass piece was screwed nice and tight onto the toggle, then a two millimetre diameter hole was drilled transverse through the end and the security wire passed through.

After considering options to secure the cable in the end of the extended toggle, Richard simply tied a thumb knot in the wire, pulling it very tight using pliers and the vise, and he cut off the

rusty excess wire and used a small propane burner to melt the plastic a bit to make it fiendishly difficult to undo the knot.

It looks like a reasonably neat and tidy functional repair, the photos show the repaired toggle, the lock unlocked, and the toggle locked.

Richard will leave it to Roger to do the final assessment.



**My wife is blaming me
for ruining her
birthday.
That is ridiculous, I
didn't even remember
it was her birthday!**



SOPHISTICATED SCAMS

Report by Tom Wolf

Ever since we started to publish Scuttlebutt, we have warned our readers about the huge variety of scams by which people of all ages and backgrounds have lost money to scammers. It is not necessarily someone from Nigeria who has found a long lost relative, or needs to transfer money out of the country. It is not always somebody from India who wants to help you if you give them your details.

It is fascinating that even after so many years of warnings (and the warnings have been out there long before we started), people still fall for the scams due to the sophisticated nature of them.

We all see through the child-like scam supposedly from our children claiming to have lost their wallet down the toilet and asking for the transfer of a relatively small amount of money into their account, but regrettably much larger amounts of money are being scammed by much more sophisticated means, and even people with more than just an ounce of brains are falling for them.

I recently saw an article in which some of the more sophisticated scams were demonstrated, I thought it appropriate to share them with you. It's not always asking for money, but your personal details are just as important.

SCAM

Variations in spoofed sender IDs

Hi, your passcode for your PURCHASE is **827902**. Did not request this? Call us on **[redacted]** urgently.

Text Message Today 15:57

I'm at Woolworths and brought the wrong card with me. Can you please send me \$315, I will pay you back when i get home. BSB-[redacted] Acc-[redacted]

+61 420 611 285

Text Message Saturday 03:04

Billing-E Toll: As no valid E-tag detected in your vehicle, your trip on 30/07/2022 was unpaid. Please pay now to avoid penalty notice. <https://Li3nk6T.com>

last seen 12 minutes ago

1:00 pm

Medicare: You have been in recent contact with a person who is positive for COVID-19. Please order a free test kit via: [redacted]

Preview not available

1:00 pm

SCAM TEXT MESSAGE

OptusAU

SCAM

Your mobile service contains incorrect or out of date Info, to avoid termination please correct it now. D-ROUTE0824 www.optus.com.au.nc-mn.co/authorise

Monday, 4 October 2021

SCAM

You are due to receive an ATO DIRECT refund of \$3742.11 AUD. Please visit <https://www.ato.gov.au.loginservices.info/> Thanks, Australian Taxation Office.

This article was in a previous issue and is reprinted as it is just as relevant at this time.

SHINGLES



Shingles is caused by the varicella-zoster virus (the same virus that causes chickenpox). To begin with patients often notice a tingling or burning sensation in an area usually on ONE side of their body or face; that often changes to a painful blistering rash. There are now good treatments that if started **EARLY** can reduce pain or even prevent progression to the blistering phase.

The varicella zoster virus gets into your body, either through Chickenpox infection or immunization, it then moves into nerves where it sits quietly for the rest of your life. The immune system keeps it at bay.

When the immune system is weakened (as is common with ageing), sometimes the virus “wakes up” and travels along nerve fibres to your skin, causing a painful rash that may appear as a stripe of blisters on the torso or face causing shingles (also called herpes zoster). The pain can persist even after the rash is long gone (this is called post-herpetic neuralgia). Treatments include pain relief and antiviral medication.



A shingles vaccine as an adult can reduce the risk of developing shingles, see your doctor. It is FREE for over 70's!!

This article is not intended, nor should it be read, as medical advice. It is merely information to be used in recognising some symptoms and if in any doubt, medical attention should be sought.

FALLS PREVENTION – Medications

If you take anticoagulant medicines (blood thinners), always see your doctor if you have a fall.

You may be at risk of severe injury and bleeding.

- Some medications can make you dizzy or drowsy and may increase your risk of a fall.
- If you start taking a new medicine, change brands, take multiple medicines, or change your normal dose, the chance of experiencing side-effects increases. Talk to your doctor if you are concerned.
- Certain over-the-counter medications may react with your prescription medicines and cause problems.
- Medicines for anxiety, depression or sleep difficulties make falls more likely.

What you can do

- Do not take anyone else's prescribed medication.
- Read medication labels in good light and follow the instructions carefully.
- Do not use out-of-date medications. Return them to your pharmacist.
- Talk to your doctor or pharmacist regularly to review your medications, including any herbs or supplements.
- Ask your pharmacist about packaging your medications in a dosette box or Webster pack to help you manage them.
- Have an up-to-date list of your medications. A medication card can be useful.

People who take four or more medications a day are at increased risk of falling

For further information:

Email: falls@cec.health.nsw.gov.au

Web: www.cec.health.nsw.gov.au

Disclaimer: This article is not intended, nor should it be read, as medical advice. It is merely information to be used in recognising and responding to some symptoms and if in any doubt, medical advice and attention should be sought.



OLD ADS YOU WON'T BELIEVE: How times change

Reproduced with the kind permission of the Midlands Mens Shed (WA)

NO FLIES ON ME



THANKS TO DDT

Black Flag, long preferred by housewives everywhere for quickly killing flies and mosquitoes on contact, now does double duty. The amazing DDT ingredient now in Black Flag stays on walls, floors, doorways to keep on killing flies for weeks! To use wonderful DDT safely and effectively in your home use only a well-known and reliable insecticide—ask for Black Flag.

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BLACK FLAG

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on your farm!

JM

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TASTE
EXPECTANT
MOTHERS
CRAVE!**

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TO LUBRICATE OUR
ARTERIES AND VEINS.**



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R A F