



WAVERLEY COMMUNITY
MEN'S SHED INC.

SCUTTLEBUTT

WCMS MEMBERS' NEWSLETTER

Patron - The Hon. Marjorie O'Neill MP, Member for Coogee

Volume 5 Issue 4

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IF YOU ARE NOT WELL, YOU ARE NOT WELCOME AT THE SHED!

PRESIDENT'S BLOG

At its February meeting, some of the issues your Board discussed were:

- Where we are up to with finding a new premises and the fact that the President and Secretary had a meeting scheduled with the CEO of the Entertainment Quarter and soon after that another meeting with Marjorie O'Neil MP to discuss our predicament, options and ways forward.
- We did not receive a report from the Shed Show Committee that was formed at the January Board meeting as a number of the members of that Committee have been on leave.
- The new on-line process for members to update their personal details seems to be working well.
- The "Guidelines for Admin Supervisors" has been revised in an effort to ensure that the Shed runs well and will be distributed to all Supervisors asap. Copies of the Guidelines are available for all members in the Shed.
- We now have a set of 6 dining chairs in need of considerable attention that, when ready, will be for sale at the Shed Show in November.
- The Shed's bank balance is in order but we were reminded of the high cost of moving and the need to build up the funds ready for the move.
- It was reported that the new policy of providing some timber free to members if they follow the principle of 'Make two, one for the Shed and one for you' seems to be very well accepted. Remember that the introduction of this principle was to help us build up stock for sale at the Shed Show in November.



Lest we Forget

April 25





FROM THE EDITOR'S DESK

.Membership Renewals for 2024-25 closed on March 1st, and I trust that all who intend to renew have done so. The Committee is to be congratulated on the ease with which renewals could be completed. We are revising our mailing list, if you have not renewed, this may be the last newsletter you will receive.

ALSO, JUST A REMINDER, NON-FINANCIAL MEMBERS CANNOT USE ANY MACHINES. THIS IS AN INSURANCE REQUIREMENT REGARDLESS OF HOW SKILLED YOU ARE!

Tom



NEWSLETTER REQUESTS:

From article by Pete Arnell, Midland Men's Shed Newsletter, February 2024

This article was written by a member of the Midland Men's Shed (WA) and whilst it was not sponsored, influenced or otherwise promoted by your Editor, it does reflect his feelings.

- *The first time of asking, it is requested in a calm respectful manner.*
- *The second time of asking, it is asked with hint of exasperation.*
- *The third time of asking, it is delivered with a slight sigh of resignation that the appeal is not being heard.*
- *The fourth time of asking, it is spoken through clenched teeth, with an air of desperation and subdued anger.*
- *The fifth time of entreaty it is emotionally spoken with quivering lower lip.*
- *The sixth stage sees a man on his knees, in tears utterly defeated after being subjugated to repeated rejection by Shed-ders, being asked a simple question. Please contribute to the Monthly Newsletter.*

If you personally don't want to see it reach the sixth stage and watch a grown man reduced to tears, or to see your Newsletter bite the dust, through lack of interest,

COME ON FELLOW SHEDDERS, LETS START WRITING.

It doesn't have to be a "War and Peace", try something small to start with.



LETTER FROM RODNEY

Rodney Bassetti wrote to tell us that he has 2 paintings entered in the **Royal Easter Show Competition** and that he is hopeful for another win.

He is quite philosophical about it, even if he doesn't win, he just enjoys the display of his artwork, he feels it is a wonderful thing when 5000 people per day wander past and hopefully enjoy his art.

Rodney doesn't come to the Shed to paint any longer, it is too impractical and cumbersome to transport his paints and art supplies to and from the Shed, so he paints at his home .

However, Rodney tells us that he would be happy to run another course in "Painting" for any members who are interested.





BECOME A COMMUNITY VOLUNTEER CPR RESPONDER

Would you be willing to help a stranger by performing CPR (heart compressions) in those vital first minutes before paramedics arrive? The sooner a person experiencing cardiac arrest gets CPR, the better their chances of survival

NSW Ambulance has partnered with GoodSAM, a program that empowers members of the community to respond quickly when someone nearby goes into cardiac arrest.

If you are willing and able to perform CPR, and are aged 18 or older, you can sign up to receive alerts when someone needs help. Add your name to the list of volunteers in the GoodSAM program.

- Register as a volunteer at <https://www.goodsamapp.org/nsw>

RESEARCH PARTICIPANTS NEEDED

If you are over 60, able to use a computer and communicate in English, with a diagnosis of mild cognitive impairment or dementia, you are invited to participate in this study involving telephone screening and in-person assessment of daily functioning.

The program will help clinicians to detect early cognitive changes in dementia.

If interested, email c-stam@unsw.edu.au, if you are selected to participate you will receive \$50 gift voucher and will be reimbursed for any parking or travel expenses.



PROSTATE MYTHS, PROBLEMS AND ISSUES THAT CONCERN

Discussion Group at the Shed!!

Tuesday, 14th May 2024 at 3:00pm at the Waverley Shed, 125 Birrell Street, Waverley

All members welcome.

This Discussion Group is to be led by our member, **Dr Gad Kainer**, who has had both Medical and personal experience on the subject.

The format is to be a **short presentation** by Gad, followed by a **discussion and questions** and answers session, the discussion is expected to be to the point and brutally honest, and nobody will go away from the discussion without better understanding about this troubling issue,

A previous discussion group was very successful even though it had to be organised on short notice, and some members could not attend. This time we are giving plenty of notice so make sure you diarise and attend this activity!!

Uniting

Uniting War Memorial Hospital

invites you to a free seminar on

SLEEP

Monday 8th April, 12.30pm to 2.30pm

**War Memorial Hospital Day Centre,
125 Birrell St Waverley**

- **Common sleep problems and their treatments**
- **Sleep patterns and ageing**
- **Tips for a good night's sleep**

Entry from 12pm, light lunch will be provided.

Bookings essential: Catriona 93690215

or catriona.beaumont@health.nsw.gov.au





COMPANIONS' DINNER

Thursday, 18th April 2024 at 6:00pm at the
"Rusty Shovel" (Chinese/Asian cuisine),
Randwick Club, Allison Road, Randwick.

Please add your name (and numbers of guests including yourself) on the
Whiteboard at the Shed.

Any changes in arrangements will be notified on the Whiteboard only!!



SYDNEY U3A EASTERN REGION

"Sydney u3a" offers intellectually stimulating activities, talks and courses in the arts, sciences, history, leisure, language, fitness, literature, philosophy, music, commerce and much more for mature-aged, retired, and semi-retired people, across metropolitan Sydney.

NEW MEMBERS and GENERAL ENQUIRIES:

2 FREE sessions are offered before you need to join, \$75 per annum

website: www.sydneyu3a.org

Email: mail@sydneyu3a.org

Phone: To find out more, phone on (02) 9267 9056

NOTE: Our **Peter Black** is addressing a meeting on **May 10** at COA Centre, 25 Rowe St., Woollahra.

Examples of other forthcoming program ideas are discussions on

- **"Money and Outsourcing"** (a discussion on maximising retirement finances, April 12);
- **"Vincent van Gogh"** (May 17);
- **"Epigenetics"** (how our parents and grandparents lifestyles influence our health and well being, June 28)
- **and many other subjects (there's a discussion group each week)**

Also, at various venues throughout the Eastern Suburbs,

- **"French Conversation Group";**
- **Film Discussion Group";**
- **"Current Affairs Discussion Group";**
- **"Discovering Fine Music";**
- **and various "Book Clubs"**



WORKING WITH CHILDREN CHECK RENEWALS

Working with Children Checks are valid for 5 years and is required whenever you have interaction with children/minors of any age. If your WWCC expires soon, you can now save time by renewing it online.

To help verify your identity, you'll be asked to scan your face using the camera on your phone, tablet or computer. **Your scan will then be matched with the photo on your NSW Driver Licence or NSW Photo Card.**

Scans will be permanently deleted after the check has been completed.

Alternatively, if you prefer, **you can still renew in-person** with your identity documents at a Service NSW centre.

**Mateship is an important pillar of every
Men's Shed – first and foremost the shed is
a place for men to knock about with a group
of like-minded mates.**



THE CLOVELLY SURF LIFE SAVING CLUB HONOURS BOARDS

Our readers will recall that **William Honeyball** restored a number of Honour Boards for the **Clovelly Surf Life Saving Club**.



In appreciation of the incredible work done by William, initially the Club honoured the work with a **Certificate of Appreciation**.

Much to William's delight, on 21 February, the management of the Surf Life Saving Club presented a Bunnings Gift Certificate for \$500 to the Shed, a most generous gesture, for which we thank the Clovelly Surf Club.



SURFACE RUST REMOVAL

by **Richard Cortis**

Following a recent question from a Member at the Shed, I recommend using lanolin on infrequently used tools to limit corrosion.

I have applied liquid lanolin to my tools over several decades and most are still in good order. Lanolin is a natural product which is produced as a by-product of the refinement of wool. So, not only does it protect from corrosion, it is also good for dry skin.

Anyway, there are a number of brands including **Lan-ox** and **Lanotec** and it comes in either a pressure pack can or a pump spray bottle.

Typically, I spray it on and then spread it with a small piece of cloth. It is quite liquid when applied but it tends to dry over night or over a few days to a soft waxy coating.

If need be, it can be easily removed using a cloth or paper towel and a little bit of mineral turpentine.

It is great for those chisels, planes, drills and sundry hand tools, but do not use it on files as it will clog them up and annoy you.

Give those presently surface rusted tools a good brisk rub with a stiff wire brush to remove some rust before you wipe on the lanolin.

Apply a generous coating (not so much that it drips off). Let tools air dry a bit over night or for a few days and then you can toss them back in the old tool box. Give lanolin a go so the grandchildren can use the tools after you have departed.



RE-PURPOSING A BROKEN SURF LEASH

By Nigel Harvey

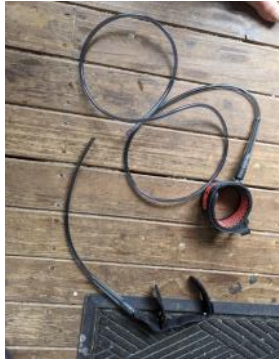
However annoying it is for surfers to break and bin a board leash, it's a lucky break for the local body surfers in search of decent fin leashes to save \$25 a pair - and countless fish from micro plastic pollution.

A solid file is all you need to remove the bolt from the swivel, a hammer and nail to punch it out.

Grab some strong chord and tie a few handy knots - by all means show off your bowline and figure of eight on the bight, but a couple of double grannies would do

Be sure to keep the knots away from discomforting the heel, and bingo - surf's up ..

If you find them, and are in doubt, bring 'em to the Shed and watch them fly off the shelves at our November Show!!



MO'S FRUITBOWL DESIGN

We reported in the December'23 Issue of Scuttlebutt that **Mo Dhanoya** was rightfully proud of his **fruitbowl** made by using an intricate design on the scroll-saw (see Mo's design on the right).

Tony Mandarano was so impressed by this design that he decided to make **SIX** of the bowls, they are beautiful and, Tony wishes to gift the bowls to the 6 women in his life, his wife Mary, 3 daughters and 2 grand-daughters

Tony modified the design by using 2 different coloured timbers that contrast well.

To make the bowls even more special and personal, Tony arranged with **Jordan Stuart** to engrave the girls' names on the bottom of the bowl with Jordan's **laser printer**.



Each bowl involves a lot of intricate scroll saw work, so it's just as well that Tony and

Mary don't have more daughters and grand-daughters!!

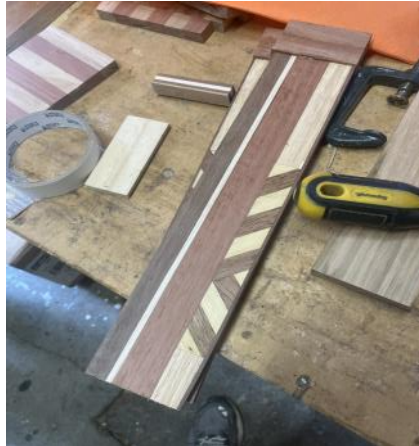
I found a handyman and gave him a list of things to do.

When I got home I found that he had only done items 1, 3 and 5 from the list.

Turns out he only did odd jobs.



SHED GOINGS-ON (CURRENT PROJECTS ETC.)



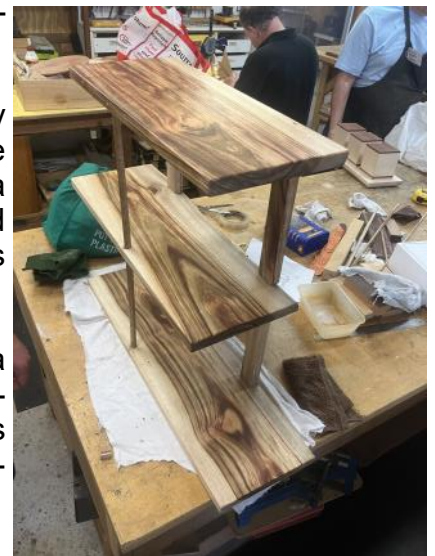
Harry Jacobs is making his famous *charcuterie boards* in preparation for the November Show (above)



Peter Charlton (left) finally found some time to do some *turning*. Between looking for a new home for the Shed and Shed management issues, this doesn't happen too often!



Craig Rubenstein is making a *set of shelves*. As we have become accustomed, Craig uses beautiful (and often exotic) timbers for projects (right)



Sid Lewinski is making "*mezuzah*" cases (gate-post religious emblems) for his children's homes (left)

Nick Tyrrell is making 2 *circular wooden trays* one for him, one for the Shed (left)

Charles Gerrard is making running repairs to a *coffee table* for his home (right)



cont. p.8

MY KIDS LAUGH
BECAUSE THEY
THINK I'M CRAZY.



I LAUGH BECAUSE
THEY DON'T KNOW
IT'S HEREDITARY.

cont. from p.7



Kenny Lazarus has returned from a bout of illness to finish his set of **3 occasional boxes** (below)

Ian Dawes is busy turning **bowls** for the November Show (below)



Richard Cortis is making steel Rabbit-tohs "**garden ornaments**" for **Tony Mandarano's** garden (right). Tony is a mad keen "Souths" supporter, but to make sure he doesn't offend anyone, Richard is in the process of making a steel Rooster garden ornament as well

Pierre Carrion always comes up with some great ideas, he is now making **wooden puzzles** (left). Puzzles are always popular with people, and as long as your Editor doesn't have to assemble/solve them, it's not a problem..



Over the years we have become accustomed with the novel projects that **Tony Mandarano** undertakes. This time he is making a "**springy wooden basket**", an idea fostered by a design shown Tony by **Richard Cortis**.

cont. p.9

CHECK YOUR CANCER RISK



cont. from p.8



Yes, what you see is not a mirage! But it is!! **Peter Ulmer** is making a wooden model "**Mirage**" airplane (left)



Frank Fay is making wooden spatulas to complement the spoons he had made previously (left).



Mo Dhanoya is making **heart shaped boxes** for his oldest grand-daughter, and no expensive timber is left wasted. The insert that is cut out is used to make another box (above). He is also making boxes with **innovatively designed lids** (right).



Jordan Stuart has just about perfected printing with his laser printer onto irregular objects (such as cylinders for turned pens). **Tony Mandarano** is making **pens** for his 3 daughters, the pens are personalised (left)



We have at least 3 members claiming to be the "Chairman". With **William** making a table to his wife's precise specifications at the moment,, **Graham Ely** and **Peter Robilliard** have the **chair repair** projects all to themselves (right)

HANDY HINT - MAKING A GRUBSCREW

What do you think? You've lost a grubscrew and need to make a replacement. Start with a bolt that fits and a ring-spanner, use epoxy to make the grubscrew.





HUGE "STUFF-UP" RESOLVED IN TIME FOR MARDI GRAS

During February we had what is technically called a **stuff-up**. Someone (to remain nameless but with the initials PC, no, not Chapman!) took on a task for a good customer but **failed to fill in the Work Sheet** and the job became lost.

The day before the promised delivery, the customer emailed to make a time for picking up the finished article. **WHOOPS!!!** That someone had not followed up, and that someone had totally forgotten the project. Late night emails and texts followed and the next day the job was started and finished, (totally without "that someone") to the delight of the customer.



The project was a **box-like platform** designed to hold two big speakers on the back of a buggy for it to be driven along the route if the Mardi Gras in front of the Waverley Council 'float'.



As we reported previously, **Mike Barker** had cut out the letters spelling out the Council's name to be held up as part of the 'float'.



The Waverley Men's Shed's contribution to the Waverley Council "float" was substantial, as in addition to the above work, our member **Jordan Stuart**, together with his girlfriend Amy, volunteered to participate in the Parade as part of the "whale", symbolising the Council's seaside location. The happy members of the Waverley "team" are shown in the photo on right, taken before the Parade through the streets of Darlinghurst.

By all accounts, the Parade was a huge success and we thank Waverley Council and its staff for inviting us to participate. On Mardi Gras night, if you heard the noise of the Parade from as far away as Bondi Beach, you knew that the Waverley Men's Shed platform with the speakers was successful, so that the sound could spread throughout the neighbourhood.





WHERE'S WILLIAM? (WHEN YOU REALLY NEED HIM!)

By Tom Wolf

Who in the Shed has not incurred (certainly and most justifiably) the shout from **William Honeyball**: - **"STOP!"**

William is a founding member of the Waverley Shed, he actually started before "Day 1" as he, together with **Clif Munro**, toiled to get the Shed ready for occupation by the other members.

William is reticent about telling us all about his life, we usually have to obtain snippets of his earlier life as if with a corkscrew. What we do know, is that there is very little to do with engineering and technical work that he has not done or be knowledgeable about.

He is an excellent and skilled technician with both timber and metal, and if any project is brought to the Shed for work to be done, and it is beyond the ability of the Supervisor accepting the project, inevitably the cry goes out for William to take over the project.

But, back to the beginning of this story! William is incredibly conscious of the work going on around him, and makes everyone know that he is watching them as they carry out their work. If any element of the work is being done in a way in which William believes may be unsafe, he brings the work to a standstill and lets the member know in no uncertain terms how the work could be done more safely, or without damaging the Shed's tools being used.

No writeup about William could be complete without a little picture puzzle which will make members think about risk categories, and sorting out degrees of safety.



So, who is the least safe (or most stupid) person in this picture?

Most Stupid (unsafe) Person - Person No. 4 who is cutting his own branch where he is sitting is the most stupid amongst the four persons.

2nd Most (unsafe) Stupid Person - Person No. 1 is the 2nd most stupid person as he is sitting on the trunk that is to be cut down by Person No. 2.

3rd Most Stupid (unsafe) Person - Person No. 2 has not realized that he will also be going down as Person No.3 is cutting his branch.

Person No.3 is the most clever (only **SAFE**) person in the group

The writer cannot see this happening without William sorting out the safety issues!



**I LOVE WAVING AT
RANDOM PEOPLE,
BECAUSE YOU KNOW
FOR THE REST OF THE
DAY, THEY'RE TRYING
TO FIGURE OUT WHO
YOU WERE.**

LEXOPHILE:

Reproduced with permission from the Midland Men's Shed Newsletter

Try reading these without smiling or laughing.

Although not in the dictionary, it is reported that "Lexophile" describes a person who loves sentences such as, "You can tune a piano, but you can't tuna fish," and, "To write with a broken pencil is pointless."

An annual competition is held by the 'New York Times' to see who can create the best original lexophile. This year's submissions:

- Changed my iPod's name to Titanic. It's syncing now.
- England has no kidney bank, but it does have a Liverpool.
- Haunted French pancakes give me the crepes.
- This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.
- I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.
- A thief who stole a calendar got twelve months.
- When the smog lifts in Los Angeles, U.C.L.A.
- I got some batteries that were given out free of charge.
- A dentist and a manicurist married. They fought tooth and nail.
- A will is a dead giveaway.
- With her marriage, she got a new name and a dress.
- Police were summoned to a daycare where a three-year-old was resisting a rest.
- A bicycle can't stand alone; it's just two tired.
- The guy who fell onto an upholstery machine last week is now fully recovered.
- He had a photographic memory, but it was never fully developed.
- When she saw her first strands of grey hair, she thought she'd dye.
- Acupuncture is a jab well done. That's the point of it.
- I didn't like my beard at first. Then it grew on me.
- Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?
- When you get a bladder infection, urine trouble.
- When chemists die, they barium.
- I stayed up all night to see where the sun went, and then it dawned on me.
- I'm reading a book about anti-gravity. I just can't put it down.



**And suddenly, Bob found himself
the topic of all the gossip.**