



WAVERLEY COMMUNITY
MEN'S SHED INC.

SCUTTLEBUTT

WCMS MEMBERS' NEWSLETTER

Patron - The Hon. Marjorie O'Neill MP, Member for Coogee

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Editor: Tom Wolf <newslettereditor@waverleycommunitymensshed.org.au>

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IF YOU ARE NOT WELL, YOU ARE NOT WELCOME AT THE SHED!

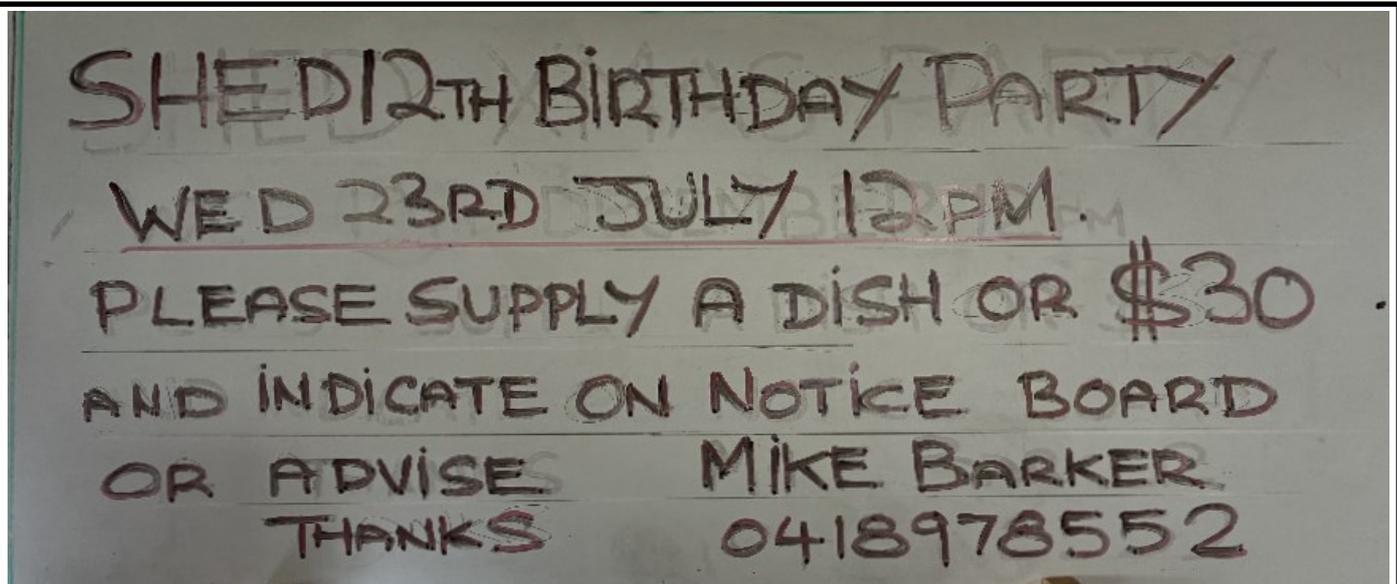


FROM THE EDITOR'S DESK

Nothing is definite, and we have to rely on guesswork and rumours, but it is now understood that the demolition work on our Shed will not commence until January 2027. Whilst this may be a reprieve (if it is true), the search for alternative premises continues. I know the efforts that have gone into searching for premises, and on behalf of the members, I thank all those on the Committee who have put so many hours into the search.

If you think that this month's issue is a bit light on, look in the mirror to see who is not contributing photos of their projects (those who have contributed, please disregard that comment and accept my gratitude).

Tom



Volunteers before and after the event are essential and appreciated



**GET THE COVID BOOSTER
AND FLU SHOT
BEFORE COVID AND/OR
THE FLU GET YOU**



SHED GOINGS-ON (CURRENT PROJECTS ETC.)



Kenny Lazarus, assisted by Sid Lewinsky, is making a **router sled** to use on uneven and irregular bits of timber.



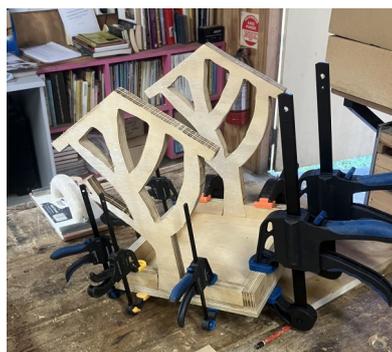
Frank Fay has made a quantity of **utensil boxes** in readiness for knives, forks, spoons and serviettes in the middle of restaurant tables. (right)

For his forthcoming overseas holiday, Tom Wolf is making **pens** to give away as gifts to family and friends. With Sid Lewinsky's help and inspiration, this is the first pen ever turned by Tom (left).

For some issues in the past we have reported on the **china cabinet** that Peter Black was making for a resident in the building next door. It is finally finished and delivered to a very grateful lady. (right)



Pierre Carrion has made a very impressive **toy truck** (above), he has also made a lovely biplane (right)



While we are writing about Pierre, he is also making a **birdhouse** to a most unusual design (left).

Now that he has finished the grandfather clock, William Honeyball has resumed working on a **clock** that stands on the shelf. He's only been working on this project for about five years (right)



cont. p.3

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Rodney Goldberg is working on a most unusual project. A collector of sporting memorabilia has asked that some **cricket stumps** he has collected from various (presumably important) games be split and hinged for display purposes. Very precise and time consuming work (right)



On 12th June we took delivery of a large quantity of top quality plywood that was otherwise destined for the tip. Now, that makes us feel good! A big thank you for the guys that came down to the Shed to help unload.

markmoran
VAUCLUSE

ACTIVITIES CONTINUE AT MARK MORAN VAUCLUSE



Last month we reported about Waverley Shed member **Tom Wolf's** activities with the nursing home residents of MMV.

The **bookend kits** made up at the Waverley Shed were glued in one activity, and now

there are 2 more fortnightly activities while they are being painted up.

Tom is assisted by his wife Sandy, and the staff of MMV.



**You have to wonder!
How fast was that
ostrich going when he
hit the fence?**

VALE LOUIS FINN



It is with deep sadness and a profound sense of loss that we report the passing of our fellow Shedder, **Lou Finn**.

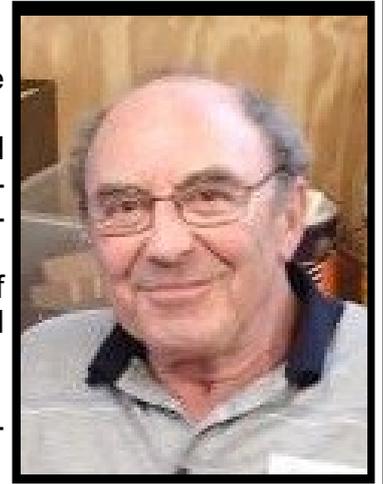
Lou was a regular for many years until his medical condition limited his attendances, but he still came along from time-to-time in his motorised vehicle to share a cup of coffee and a yarn. Lou was an Honorary Member for many years..

Lou was a retired soldier, he had served in an armoured regiment of the British Army prior to migrating to Australia, where he ran a retail business before retirement, and subsequently joining the Shed.

On 28th May 2025, Lou lost his brave battle aged 86 years.

We share his loss with his wife Shirlee, his son and daughter, his extended family and friends.

Lou will be greatly missed, may he rest in peace



IS THIS A JOKE?

Graham Carthew caught the photo (on the right) of **William Honeyball** working on a grandfather clock (sorry the project itself is obstructed), and there are no less than 6 members looking on, holding the project, making



observations and offering helpful advice? And on the left is another photo, taken by **Ian Dawes**, of the same scene taken from a different angle. Knowing how William likes to work alone, we are sure that all this attention was appreciated?

BEE PREPARED

by Ian Dawes



Some of us spend a fair amount of time making boxes for native bees – but how does one attract them?

One easy solution is to grow perennial basil in a pot – it provides a very useful source of the herb for the kitchen, and if left to flower is a powerful attractant for a range of native bees as the two photos show.

If anyone wants cuttings of the perennial basil Joan Dawes will be growing them come Springtime.



a blue-banded bee



a teddy-bear bee



I REFUSE TO STAY STILL

By Richard Cortis

Recently I had surgery to remove my existing knee prosthesis and install a "spacer" so that an infection in my knee can be effectively treated. The installation has left me with a straight leg that does not bend at the knee and this has made some (quite a few) normally simple actions quite difficult. I expect this treatment to take a couple of months. Try putting on your trousers when you cannot get even close to your foot. Further, try putting on your sandals.



I needed a tool to assist me with both these tasks. I started with

a 90cm piece of 13mm diameter timber dowel. I sharpened one end to a bullet shape to emulate the finger I usually use to pull up the heel strap on my sandal. After some experiments this seems to work to a satisfactory level.

On the other end of the stick, I installed a small (35mm diameter) timber disc so I can use the stick to hold up my trousers and slip them over the foot on my stiff leg and then pull them up to where I can grab them and finish getting dressed normally

without assistance.

This tool is an interim device to help me until a new hinged knee prosthesis can be installed. I am willing to assist others to make simple tools to make daily life a bit easier. You just have to ask me to see if I can assist.

I cannot drive with my rigid leg so visits to the Shed are limited. However, I have not been idle. I have done odd jobs in my workshop and I have maintained my regular Friday workshop sessions with grandson Alex, who likes to make art from rubbish.

Here are pictures of five items.

The first is made using the cylinder barrel from the air compressor that failed in the Shed some time last year. It also used a tip from a farm seed drill, part of a wheel brace together with two knife handles left from a previous project.



The second is a dog made from the blade of an old hand saw and other bits. The dog's head is a fired insert from the SawStop table saw in the Shed. Trash and treasure.



The third is yet another dog made from a rusty old tool, a spring and metal bits rescued from the rubbish bin



Unmistakably, the fourth is yet another dog with a claw hammer head.



The fifth one, a little turtle was made using the cylinder head from the Shed compressor that failed last year. Head, tail and legs are made from offcuts of cutlery cut up and used in other projects.



Although I am fairly home bound, I have not stopped doing stuff. If you need something fixed, drop in for a cuppa and I will see what I can do.

Meanwhile, have lots of fun!



THE GRANDFATHER'S CLOCK THAT JUST KEPT GOING

Photo by Peter Charlton

William Honeyball is doing a fantastic job on this *old clock, a clock that is older than Australia.*

He is not working on the clock mechanism this time, the client already had that professionally restored, but the woodwork for the cabinet needed more than just a little TLC.

This photo shows William and the satisfied client.



THE MOVEMBER x AMSA CAMPAIGN: THE REAL FACE OF MEN'S HEALTH

This campaign was run in late 2024 with the aim to remind us that as we all know too well, men's health doesn't just affect men. It starts with men, and then ripples through families and communities – even health systems and economies feel it. That means we've all got an experience around men's health that needs to be shared.

Rodney Bassetti entered and won one of the **\$200 tool vouchers** which he duly **donated** to the Waverley Shed, and the Committee will need to decide how the voucher will best benefit the Shed.

There's a saying that goes, "a society grows great when old men plant trees in whose shade they shall never sit." We're on a mission together to change the face of men's health, if not for ourselves then for our sons (and daughters) and their families.

We thank Rodney for his generosity.

BIRD OF THE MONTH (2)

Black-shouldered Kite - *Elanus axillaris*

Report and photos by Ian Dawes

Widespread across Australia, these rather striking hawks have piercing red eyes and distinctive plumage. They often perch in conspicuous places - the above bird was on a gate post next to the road between Narrabri and Mount Kaputar National Park but we have also seen one on a lamp post in Maroubra.

They are one of the two hawks that often hover in search of prey (mostly rodents, insects or lizards) – the photo below

was from one hovering over Fivebough

wetlands in Leeton, where we stayed overnight while en route to the Flinders Range in SA. The trip was memorable since the Murrumbidgee river was in flood and the main highway was an endless series of pot-holes and in places covered by water.

The last of these is endangered and restricted to Norfolk Island, so if anyone is visiting there, keep a good look out.



ELDER ABUSE

From the NSW Legal Aid Calendar

Everyone deserves respect

In the last three years we've seen a big jump in cases of older people being abused by people they know and trust.

It's important to know what abuse can look like, how you should be treated and take a moment to reflect on your own personal wellbeing.

Any act that causes harm to an older person and is carried out by someone they know, and trust, is abuse. The most common types of abuse are psychological and financial.

Stopping someone from making their own choices is psychological abuse. It can look like making important decisions for someone else without permission, stopping someone from seeing their family, or preventing someone from attending appointments alone.

Limiting access to someone's money is financial abuse. It can look like a stack of unpaid bills, having no money for everyday things or the power of attorney making decisions to benefit themselves, not the person. Unfortunately, it is very common for older people to be abused by relatives (mainly adult children and parents). Relatives are the subject of allegation in almost two-thirds (60.5) of reported abuse.

How can the law help?

In some situations, the law can protect you from abuse and also help you after the abuse has happened.

Some types of behaviours are crimes (for example, assault, theft or fraud) and can and should be reported to the police. Call 000 in an emergency or call Crime Stoppers on 1800 333 000 NSW Police has Aged Crime Prevention Officers (ACPOs) in multiple locations. They assist in preventing and responding to the abuse, neglect and exploitation of vulnerable people who may be ageing, with disability or homeless. To find your nearest ACPO, contact your local Police Area Command or visit www.police.nsw.gov.au

An Apprehended Violence Order (AVO) can protect you from the person who makes you fear for your safety and can include conditions that they can't live with you or come into your home. If you are a victim of a violent crime in NSW, you may be able to apply for victims support-this can include money or counselling, or both.

In cases of financial abuse, you may be able to take legal action against the person who took your money or property to get it back. You don't have to deal with abuse on your own. There are many free and confidential services that can help you.

Adult children living at home

There are many reasons older people find themselves sharing their home with an adult child. It is not unusual for older people to decide they want this arrangement to end, but they are not sure how to make this happen.

It can be complicated when the person you want out of your house is also your carer, but there are services to help you with this change.

There is help available if you are no longer happy with the situation and want your adult child to leave the home. For more information visit www.legalaid.nsw.gov.au

My Wellbeing Checklist

- I know how much money I have in my bank account
- I have the freedom to spend my money
- I have the freedom to see family and friends when I want
- I attend social activities
- I receive medical attention when I need it, and have a say about my healthcare plan and treatment
- My personal care needs (showering; personal hygiene etc.) are taken care of
- I am treated respectfully by my family and friends
- I feel safe at home

cont. p.8

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Think about your responses. If you have any concerns about your situation, you may wish to talk with someone you trust such as a family member, friend, doctor, religious leader, or you can call the NSW Ageing and Disability Abuse Helpline 1800628221 (Mon-Fri 9am-4pm)

Where to find more information

- NSW Ageing & Disability Commission is an independent agency of the NSW Government. They promote the rights of older people and adults with disability to live free from abuse, neglect and exploitation in their family, home and community. You can contact them for information, support or to make a report. Call 1800 628 221 (Monday - Friday, 9-4) or visit www.ageingdisabilitycommission.nsw.gov.au
- Australian Financial Complaints Authority (AFCA) can help resolve complaints about loans, reverse mortgages, guarantees, account transactions and potential misuse of powers of attorney. AFCA has guidelines for banks to follow when there is a family breakdown and financial abuse. Call 1800 931 678 or www.afca.org.au
- The Domestic Violence Line free and confidential counselling and help for women experiencing domestic and family violence. Call 1800 656 463 (24 hours, 7 days).
- 1800RESPECT is a national sexual assault, domestic and family violence counselling service. Counsellors can give you information and referrals to other support services. Call 1800 737 732 (24 hours, 7 days) or visit www.1800respect.org.au
- Victims Services can provide free counselling, financial support and a recognition payment to victims of a violent crime in NSW. Call 1800 633 063 or visit www.victimsservices.justice.nsw.gov.au
- Beyond Blue has resources and support available for older people experiencing anxiety and depression. Visit www.beyondblue.org.au or call 1300224636
- Family Violence Law Help is a national website with helpful information about family law, child protection and family violence, including elder abuse. Visit www.familyviolencelaw.gov.au

Where to find legal help

- **Legal Aid NSW** Call 1300 888 529. Everyone can get legal help from Legal Aid NSW. If you want to find out about a legal topic or take steps to resolve your problem yourself, the 'My problem is about' section of our website covers most areas of the law. If you have a legal question, start with the team at LawAccess NSW., their information officers can give you legal information, help you plan your next step and connect you with services that can help you. Start a chat using our website's web chat function or call 1300 888 529 from 9am-5pm, Monday to Friday (excluding public holidays), visit www.legalaid.nsw.gov.au
- **Community Legal Centres (CLCs)** Call 1300 888 529, an independent, not-for-profit community organisation that provides legal information, advice, referrals and casework. CLCs work for the public interest and focus on disadvantaged people in their communities. There are over 40 specialist and generalist CLCs in NSW, including Seniors Rights Service. To find a CLC near you visit www.clcnsw.org.au
- **Seniors Rights Service** Call 1800424 079 or (02) 9281 3600. This Service provides free and confidential legal advice, advocacy and rights-based education for older people. Visit www.seniorsrightsservice.org.au
- **Aboriginal Legal Service (NSW/ACT)** Call 1800 765 767 or 1800733233. This is an Aboriginal community organisation that provides information, referrals, legal advice and court representation to Aboriginal and Torres Strait Islander people in criminal and family law and children's care and protection matters as well as some civil matters including fines. Visit www.alsnswact.org.au
- **The Law Society of NSW** has services to help the public find a lawyer: The Solicitor Referral Service can give you a list of three law firms that may be able to help with your legal problem. Call (02) 9926 0333 or email ereferral@lawsociety.com.au. The Pro Bono Scheme puts eligible applicants in touch with law firms willing to provide their services for free or reduced fee. Call (02) 9926 0364 or visit www.lawsociety.com.au/pbs

cont. p.9

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- www.lawfullyexplained.com.au is a good place to start when you're looking for legal advice.
- **The Elder Abuse Service** is a specialist service of Legal Aid NSW for older people on the NSW Central Coast and Lower Hunter region (including Newcastle). Visit www.legalaid.nsw.gov.au or call 1300 888 529
- **Seniors Rights Service** provides free and confidential legal advice, advocacy and education about elder abuse. Visit www.seniorsrightsservice.org.au or call 1800 424 079
- **Wirringa Baiya Aboriginal Women's Legal Centre** is a free legal service for Aboriginal women. It can help in the areas of family violence, sexual assault and victims support. Visit www.wirringabaiya.org.au or call (02) 95693847 or 1800 686587

Disclaimer: *This article is not intended, nor should it be read, as legal advice. It is merely information to be used in recognising and responding to some facts and events and if in any doubt, legal advice and services should be sought.*

ADVERTISING TERMS EXPLAINED:

From Midland Men's Shed (WA) newsletter

NEW - Different colour from previous design.

ALL NEW - Parts are not interchangeable with previous design.

EXCLUSIVE - Imported product.

UNMATCHED - Almost as good as the competition.

FOOLPROOF OPERATION - No provision for adjustments.

ADVANCED DESIGN - The advertising agency doesn't understand it.

IT'S HERE AT LAST - Rush job. Nobody knew it was coming.

FIELD TESTED - Manufacturer lacks test equipment.

HIGH ACCURACY - Unit on which all parts fit.

FUTURISTIC - No other reason why it looks the way it does.

REDESIGNED - Previous flaws fixed. We hope.

DIRECT SALES ONLY - Factory had a big argument with distributor



CORTIS TRAVEL ADVISORY

In August 2024, **Richard Cortis** travelled to **Bourke, NSW**, where he came across **The Crossley Engine**, an oil-fuelled stationary engine manufactured by the Crossley Brothers in 1923.

it is a testament to their quality that many are still in use today. It is an example of an early water-cooled four-stroke diesel type engine which followed on from the steam era.

This particular engine was originally used from 1923 to 1938 in the Sydney Power House to generate electricity for Sydney.

From 1938 it was used in the Allowrie Butter Factory in Coffs Harbour until 1949 when it went to a property in Narromine in 1949 to pump water for irrigation until 1964.





WHAT IS A "DARK PATTERN"?

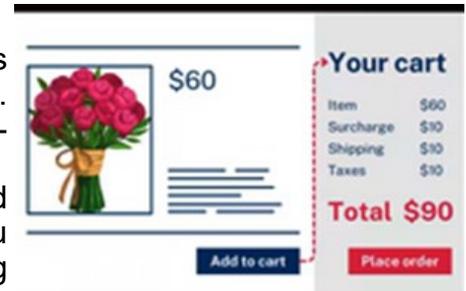
Adapted from a security warning from Service NSW, directing complaints to NSW Fair Trading

Dark patterns are tactics websites or apps use to nudge, manipulate or trick you into spending more money than you'd planned or to provide personal data that's not needed. What to look out for when online shopping:

Hidden costs

Hidden costs are extra costs you only find out about towards the end of your purchase, or which are made less obvious. They include pre-selected extras you may not want and add-ons presented so you feel you have to buy them.

Some hidden costs are even sneakier, such as a pre-selected free trial period for a service that renews automatically if you don't cancel before it ends—charging your card for an ongoing membership.

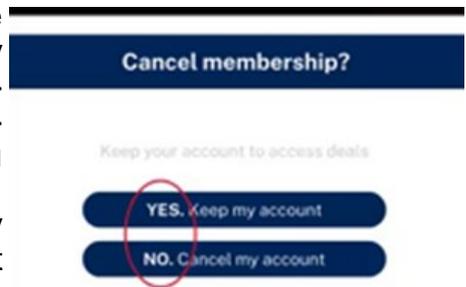


Trick questions

Trick questions are used to lead you to make choices that are in the business's interests and not necessarily in yours. They are commonly used for subscriptions, auto-purchase agreements and data collection (particularly those innocent-sounding cookies—information a website stores about you when you visit).

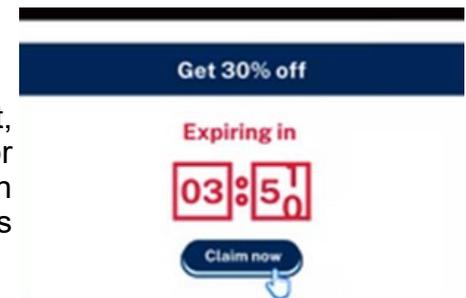
For example, if you're trying to cancel a subscription, you may be faced with a confusing question that asks if you really want to cancel and gives you 2 options: 'Continue' or 'Cancel'. This may be intentionally unclear, where 'Continue' means continuing the cancellation process and 'Cancel' means stopping the cancellation process. You may then think you've cancelled the subscription until you are charged another subscription fee.

Similarly, a request to accept website cookies or data collection may have a big, bold button to accept, and a much smaller, discrete 'Manage your cookies' link. Or the website may give you the option to accept the cookies or to go to the cookie policy, but never give you the option to opt out of having cookies track your activities.



Scarcity cues

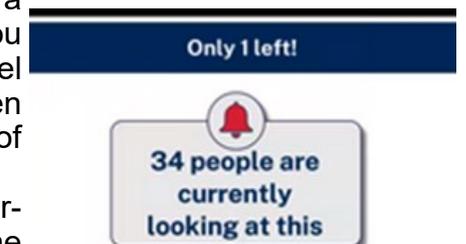
Scarcity cues are designed to create a fear of missing out, which pushes you to make rushed decisions about buying or spending more than you planned. Examples are countdown timers for shopping carts or notifications about discount prices and low stock (e.g. 'Only 4 left').



Activity notifications

Activity notifications tell you what other people are doing on a website or app (e.g. 'Someone in Oakey just bought the You Beaut Swag' or '15 people are currently looking at this hotel room'). These notifications will appear seconds apart and often be bundled with scarcity cues to create or enhance a sense of urgency.

The activity described may be fake, or they could be real purchases from within a long period that are set to repeat on the website to suggest constant business.



cont. p.11

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Confirm shaming

Confirm shaming is loaded language designed to make you feel silly or worried if you don't agree to buying a product or service. This dark pattern usually appears on subscription offers and larger purchases.

For example, an online shop you're browsing might offer you a 10% discount on your next purchase if you subscribe to their newsletter. Instead of giving you 'Yes' or 'No' options, you're faced with 'I'd love a discount!' and 'No thanks, I prefer to pay full price'.

Similarly, you might be offered an after-purchase care plan and the options are to tick 'Yes please, I'll feel better knowing I have that protection' or 'No thanks, I'll take my chances'.

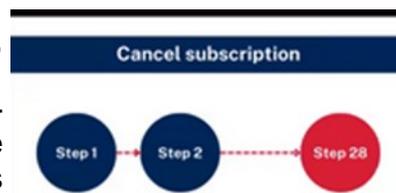


Forced continuity

Forced continuity refers to subscriptions that are easy to sign up to, but hard to get out of.

You may only have to provide basic details to subscribe for a product or service, but to cancel you may need to go through multiple steps online or even have to phone the company and progress through attempts to talk you out of it.

Forced continuity is sometimes combined with hidden costs.



Data grabs

A data grab is when businesses ask you for more information than they need to process your request and often more than you're comfortable giving.

Have you ever had to provide your full name and postcode when subscribing to a newsletter? Or had to provide your date of birth for a purchase? That's a data grab and you should be concerned about what the business plans to do with your information and how securely are they storing it.

Learn about a business's responsibilities when collecting and storing customer information.



Disguised advertisements

Disguised advertisements are often 'clickbait'—a headline or link, which may be sensationalised or misleading, designed to attract your attention and make you click through to online content.

They are designed to look like genuine content or search results on a website that will instead redirect you to a product or service.



False hierarchy

False hierarchy tactics are designed to nudge you towards the business's preferred product or service they provide.

The business's preference is generally displayed prominently using attractive colours, while the least preferred option can be presented in smaller font or in subtle or dull colours.



Redirection or nagging

Businesses use redirection or nagging tactics to continuously move you away from the task you want to complete, such as trying to leave their website after browsing without buying.

Redirection or nagging often appear as pop-ups to encourage you to subscribe or set up an account to receive a discount, and in some cases you may get a series of pop-ups, one after another.





OLD T-SHIRTS AGAIN

We have enjoyed seeing some interesting T-shirts over the years, we actually have a rule against wearing offensive garments at the Waverley Shed. It is hoped that these will so offend you as to send us some more!!.

**GRUMPY
OLD MAN
& PROUD
OF IT!**
& NO I DIDN'T BUY
THIS CRAP T-SHIRT

**I'M OLD
— I DO WHAT —
I WANT**

IT TOOK ME
★★★
70
YEARS TO BE THIS
AWESOME

**I KNOW MY
LOOKS
— ARE —
DECEIVING
BUT DON'T
FORGET MY
SENIOR DISCOUNT**

**THE LEGEND HAS
OFFICIALLY
RETIRED**
IF YOU WANT TO TALK
YOU'LL BE CHARGED A
CONSULTING FEE

**I'M RETIRED
DO NOT ASK
ME TO DO
ANYTHING**

I DON'T HAVE
THE TIME
OR THE
CRAYONS
TO EXPLAIN THIS
TO YOU

**AGING HAS
.....
SLOWED ME DOWN
BUT IT HASN'T
SHUT ME UP**

**I CAME
I SAW
I FORGOT WHAT
I WAS DOING
I LEFT**

**I WISH
MORE PEOPLE
WERE FLUENT IN
*Silence***

Age has its
advantages.
Too bad!
I CAN'T REMEMBER
what they are

★ I AM A ★
**GRUMPY
OLD MAN**
**MY LEVEL OF
SARCASM**
= DEPENDS ON YOUR =
LEVEL OF **STUPIDITY**

**I'M OFTEN
MISTAKEN FOR AN
ADULT
BECAUSE OF MY AGE**

**I THOUGHT
GROWING OLD
WOULD TAKE
LONGER**
★ ★ ★

**I MADE IT TO
90!**
**AND ALL I GOT
WAS THIS STUPID
T-SHIRT**

**I HAVE NO
FEELINGS
ONLY
SARCASM**