



WAVERLEY COMMUNITY
MEN'S SHED INC.

SCUTTLEBUTT

WCMS MEMBERS' NEWSLETTER

Patron - The Hon. Marjorie O'Neill MP, Member for Coogee

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IF YOU ARE NOT WELL, YOU ARE NOT WELCOME AT THE SHED!



SHED RELOCATION UPDATE

We know you are interested, this is the latest from Uniting:

Uniting

NEXT STEPS IN THE UNITING WAVERLEY JOURNEY

Uniting have now notified us as follows:

"We'll commence work on the detailed design of the redevelopment and continue our planning in 2026. Following this, **we'll commence the builder tender process during 2027.**

"These early activities will help ensure the new Uniting Waverley seniors' community will be of the highest quality.

"While **we're yet to set a timeframe for the staged construction of the redevelopment or select the builder**, we'll keep you updated as we progress.

In the meantime, please be assured that there will be no immediate changes at the Uniting Waverley Estate and we'll support our clients, residents and employees every step of the way.

"Thank you once again for your continued interest in the Uniting Waverley Estate redevelopment.

"We'll continue to keep you updated and answer any questions you may have over the coming months, particularly around the next steps and timing."



WE NEED YOU



TO RENEW YOUR MEMBERSHIP NOW!!



IMPORTANT NOTICE FOR ALL SAWSTOP USERS

There are now two **Clearance Inserts** that are used with the Shed's **SawStop**.

They are clearly marked for their intended use:

- 1 one is to be used **only** if the **cutting blade is totally vertical**
- 2 the other is to be used **whenever** the **cutting blade is at any angle other than totally vertical**

If you have any problems exchanging the Clearance Insert to comply, please speak to Peter Black or one of the Technical Supervisors, but until the appropriate Clearance Insert is installed for your project,

**DO NOT START ANY CUTTING
OR YOU MAY INCUR THE
EXPENSE OF A
REPLACEMENT
CLEARANCE INSERT!!**



WELCOME ON BOARD RAYMOND

By Tom Wolf, your newsletter Editor

Following on the plea in last month's issue of Scuttlebutt for an Assistant Editor to help me in the production of the Shed's newsletter, it is with great pleasure that I welcome **Raymond Garfield** as my assistant.

I have worked with Raymond over the years in other projects, including making the shadow-board for the tools on the back wall of the front room) and he has always been a pleasure to work with, quick to grasp the necessities and a work ethic that will be a great asset to the publication.

Raymond is returning to the Waverley Shed after a lapse in membership for some years, so he may not be well known to some, but he is very familiar to the older members.

By way of introduction to those who don't know him, he has a rapier wit and is likely to make a joke of most things that take place in the Shed, but most importantly, his commitment to the welfare and advancement of the Shed cannot ever be questioned.





SHED GOINGS-ON (CURRENT PROJECTS ETC.)

With the start of another year of operations, we have some fantastic projects going on, either new or continuing.



Peter Black's silver picture frame and cup polishing project has been collected by a very satisfied community member (left),



Meanwhile **Peter Black** is making a **coat-hanger** for one of his daughters, including turning the pegs (right)



Albert Verdian is making **chess pieces** to go with the boards he is making for his family (left)



Bad habits, One working while 2 supervise (right). **Mo Dhanoya** and **Sid Lewinsky** look on as **Tony Mandarano** does all the work.



Frank Fay is making a **new kidney shaped coffee table-top** (left)



Peter Keeda is making a **jewellery box** (right)



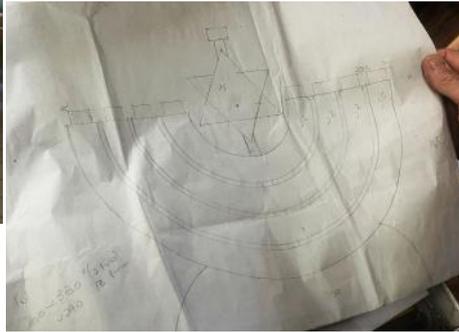
Peter Black brought in a **rattan chair** that has sentimental value for his wife, **Narelle**. Work on replacing the torn rattan has been commenced by **Dave Colwell**, as the rattan will need to be purchased-in, the project will extend over some weeks. (left)

cont. p.4

cont. from p.3



Harry Jacobs made some **Channukah Menorahs** late last year, he brought in a finished one to show everybody (left)



Sid Lewinsky is making a new design **Channukah Menorah** with a lot of help from **Kenny Lazarus** (right)

Nick Tyrrell is making **wooden toy koalas** (right)



Peter Black is making **end grain chopping boards** (left) and a **shelf** to cover the top of an electric organ/piano (right)



For a community member, **Frank Fay** is making 2 **insert sleeves** for a dining table (left)



Ian Dawes is helping **Mo Dhanya** in cutting a mitre joint for a box (right)



William Honeyball is making a **toy 2 storey garage** with a car elevator (left)



Towards the end of last year, **Jeff Silberbach** and **Peter Ulmer** took on the job of making a number of **bee hives** for **Planting Seeds**, a proactive sustainability program through education and participation. Jeff has almost completed the project on his own (right) as Peter has been incapacitated by his double knee replacement surgery. We look forward to seeing Peter again in the near future.





LASER ENGRAVER COURSE

A Laser Engraver instruction course went ahead on 11th February, 2026,

The Laser Engraver is a machine that burns designs into wood, plastics, and other materials with incredible precision, and we are fortunate that **Jordan Stuart**, a former member purchased a machine, and when he moved to Scotland to live, he left his machine behind and made it available for the members of Waverley Shed to use.

The machine works by engraving (burning) a design created by a member, and the engraver does the rest, following your design perfectly every time. The Course was held to teach



members to create detailed signs, customise furniture and decorative pieces with professional results.

Steve Weymouth, one of our experienced Shed members who knows his way around the Laser Engraver was happy to show **William Honeyball, Sid Lewinsky, Mo Dhanoya and Tom Wolf** how to use the machine, and we thank Steve.

On inviting members to attend the Course (which was limited to just 4 members), many more members indicated a wish to attend a future course, which will now take place at the Shed at

1:00pm, Wednesday, 4th March 2026

If you'd like to learn, and you have not yet put your name on the list, please put your name on the whiteboard, and we will we will hold a course to take you through how it operates (from design to print). As the machine needs to be demonstrated, and a computer program needs to be explained, numbers for the Course will be limited again, but if you miss out there will be more courses held later.

So, make a booking, come along, have a look, and see what this amazing machine can do!



NEXT "SOCIAL FRIDAYS"

Members and friends are invited to meet again for Social Friday

**at 12 noon on 27 February
at Maroubra Seals.**

This venue overlooks the Beach, those attending can get together and eat (or not eat), have drinks (or not) and is a bright and sunny place on the 1st floor of the Club. You don't have to be a member to come along, and if there's a Club member along with you, you can get discounts on food and drinks.

**And don't forget to diarise, we'll meet
again at 12 noon on 27 March**



A VERY SPECIAL BOWL

According to the internet, *Macadamia timber* is highly decorative and perfectly suited for smaller projects, one common use is making bowls. And that is exactly what Frank Fay has done.

The bowl Frank turned on the lathe has a bit of a pitch crack, and for variety Frank left a little bark on the outside, as the pictures speak for themselves.



THAT'S REAL GRATITUDE!

When picking up some chopping boards that were repaired by members (**Rodney Goldberg** in particular), a community member did more than making a very nice contribution to the Shed's running costs, She brought along a beautifully delicious **home-made carrot cake** that was eagerly devoured by those Shed members present on the day..



Later that day, Sally taught herself to ride her own bike.



METAL CREATIONS

Richard Cortis has sent to us these photos and descriptions of sculptures made from metal bits and pieces

Photo 1: The bird (at the top) has its beak is made of handles from an old pair of pliers and its feet are old spade drill bits.

The animal (under it) is an old cast iron window sash weight and the legs and eyes are bolts that arrived in a bucket from somewhere. The tail is an old tent peg.



Photo 2: REX is made from the scrapped cylinder barrels from a motorcycle engine. The head and neck was once part of an agricultural machine. The tongue is the blade from a very old screwdriver, while the tail was once part of Richard's garage door operator. The ears are old washers Richard picked up at some time. The legs are steel rod from somewhere (Richard doesn't recall), and the feet are old spade drill bits.



Photo 3 (right): The fan in Richard's workshop finally died so it was scrapped for its parts. The electric motor was disassembled, with the armature being used for the head and the stator and frame for the body.

Some nuts and bolts for the horns and eyes with an Allen key cut in two for the nose and neck. The tail is the cut end of the drive shaft off the armature and the feet are old spade drill bits. Only the plastic bits went in the bin. It only took a couple of hours to fabricate but lots and lots of fun to make.

eBay is so useless.

I tried to look up
lighters and
all they had was
13,749 matches.



A SATISFYING FAMILY PROJECT

Frank Fay's sister-in-law bought a *wooden fish* while she lived in Japan.

It is called a "*jizaikagi*" and is used to counterbalance a pothook hung over a pot on a fireplace in traditional cooking. The rope allows for adjustment of the height over the fire.

They are mostly antiques now and somewhat collectible. To her horror, she accidentally broke the tail off and, to Frank's surprise, felt that she could trust him to repair it. So, here's how Frank went about the repairs, the photo on the right is the finished repair, the pics below show the progress as it went along



- cleaned out the blu-tack that had been placed in a previous repair attempt.
- drilled a hole and placed a dowel through the break
- used Gorilla wood glue to fasten the pieces together
- filled cracks and holes with a wood putty tinted to resemble jarrah
- re-carved the grooves in the tail with Japanese carving chisels
- tinted the repaired area with a cedar stain (the original wood is Japanese Cedar)
- buffed the whole fish with 0000 steel wool and furniture polish



Uniting

Uniting War Memorial Hospital

invites you to a face-to-face seminar on

CONTINENCE

Monday 2nd March, 1pm to 2pm

War Memorial Hospital Day Centre, 125 Birrell St Waverley

Come and find out how to more effectively manage, treat or prevent incontinence problems

Do you

- wake frequently during the night to urinate?
- urinate very frequently during the day?
- rush to get to the toilet in time?

Entry from 12.00pm, light lunch will be provided.

Bookings essential: Catriona 93690215

or catriona.beaumont@health.nsw.gov.au



**BECAUSE IT CAN
DETECT BOWEL CANCER BEFORE
SYMPTOMS APPEAR**



BIRD OF THE MONTH

Article and photos by Ian Dawes

Yellow-tailed Black-cockatoo (*Calyptorhynchus funereus*)

A large bird that is often seen and heard in flocks – in the Eastern Suburbs they fly in the morning towards Centennial Park and in the afternoon back home towards the south, marking progress with their raucous and very distinctive cries. They are found mainly on the coastal areas of NSW, Victoria and SA.



This male (identified from the pink skin around the eye) was in the Bournda National Park just north of Merimbula. He and his mate were tearing shreds out of Melaleuca trees in search of fat moth larvae – to quite some depth as can be seen in the photo on the left..



LAST MONTH'S "WHO'S THIS MEMBER?" ANSWER:

The answer to last month's quiz is that either nobody could recognise the member in the photo, or that nobody cared to send in an answer.



In any case, the high school photo taken in 1962 is that of your Editor,

Tom Wolf.

Here are some more photos,
then ... and now.



A BLAST FROM THE PAST!

Recently, discussion during coffee break turned to the card containing advice as to what to do in case of a nuclear attack.

Many of us had one in our school bags back in the 50's and 60's and thought it hilarious. Maybe it still is? Peter Keeda said he had one at home, and he brought it along so we could share it with all our readers.

Do you remember?



To all Employees

IN CASE OF A NUCLEAR ATTACK

AT FIRST WARNING—

1. Stand clear of all windows.
2. Stand in clear area at least four feet from machinery or furniture.
3. Loosen tie, belt, brassiere or any other restrictive clothing.
4. Immediately—yes immediately—upon sighting brilliant flash from atomic explosion, bend over and place your head between your legs.
5. And kiss your arse goodbye.



MMV UPDATE, MARCH '26

markmoran
VAUCLUSE

The auxiliary Shed at **Mark Moran Vauclose village** continues, with occasional repairs for the residents and many other projects, including making model ships and cars. One project that is going ahead at this very moment is the restoration by **Dach Hall** of a beautiful **doll's house**. This doll's house is for a community member.



RICHARD'S AUSTRALIA DAY BREAK

Richard Cortis was warned by his neighbour that he was intending to hold a party over the Australia Day weekend, so rather than putting up with the anticipated noise, Richard and Dagmar got away from Sydney. So, off they went to visit the **Zig Zag Railway** at Clarence on the Bells Line of Road.



The line was built to enable trains to descend from the mountain down to Lithgow and open up the west of the state. It is rugged steep country, so a zig-zag was adopted.

The current engine is a vintage three foot six inch gauge with vintage rolling stock.

Steam engines are usually used, but as the bushfire danger was too high, they used their diesel locomotive.

The views of the rugged country from this remote railway are really good. There are also two original stone arch viaducts, one on the top section and one on the middle section of track. The Zig Zag Railway is really worth a visit sometime soon but you need to book on-line.



HINTS & TRICKS INSIDE MEASURING

The pictures tell it all:



A handyman taught me this



A handyman taught me this



A handyman taught me this



A handyman taught me this



A handyman taught me this

Not all our readers will wish to make models as a hobby, but for those who do, these articles (4 of them) may prove invaluable. David Muir is a member of the Australian Plastic Modellers Association, the following notes are a very rough guide to model making with metal. They are mainly things David has found by trial and error and he is sure that there are lots of alternative techniques and materials out there. David hopes that they may encourage others to have a crack at this small niche within the modelmaking as a hobby.

METALS USED

WHY METALS?

There are two reasons why I like using metal. The first is strength: almost all metals perform much better than plastic in tension, compression, bending and shear. This means stronger joints, stiffer parts and (arguably more importantly) they make details that can be finer, smaller and much closer to scale. The second is appearance: when you are modelling a bare metal surface nothing looks more like metal than actual metal.

WHICH METALS?

The six most common metals used in modelling are:

1. WHITE METAL

Traditionally an alloy of tin and lead, more recently the model and toy trade switched to alloys of tin and antimony or copper to eliminate the risks associated with lead toxicity. Being cheap, it used to be popular for figures, 1/43 cars and for casting detailed parts for vac-formed kits. WM has largely been superseded by the advent of resin casting and 3D printing.

Most WM alloys are comparatively soft, have poor structural strength and are prone to bending as they cool down following the casting process. Attempts to make them stronger by adding trace metals to the mix generally make WM parts more brittle and thus prone to breaking which makes it even more challenging to straighten out the inevitable bends.

Early alloys also suffered from so called 'Lead Disease' where the metal spontaneously oxidizes, breaks down and thus destroys the piece. White metal melts at low-ish temperatures and are usually formed by casting. If you want to try some casting I am told that Matchbox toys are good sources of usable WM.

2. COPPER

I haven't used it much. In sheet form it is used by some car modellers working at the upper end of the market to make bodywork because it is soft and easily formed. Thin sheets tend to have high copper percentages and be very soft; tubes are alloyed with other metals and are usually a little harder.

Copper comes in a limited range in sizes and sections (some sheet in various thicknesses, some tubing) that are useful for modelling. Plumbers are a good source for short lengths of large diameter tube and jewellery suppliers also carry copper in thin sheet form. The best and most accessible sources are probably K&S for sheet with Albion Alloys for small diameter tubes.

3. BRASS

An alloy of copper, zinc and small amounts of other metals, brass is readily available in a wide range of sections. It has traditionally been used by train and (to a much lesser extent) by ship modellers and is now in widespread use as sheet stock for photoetching.

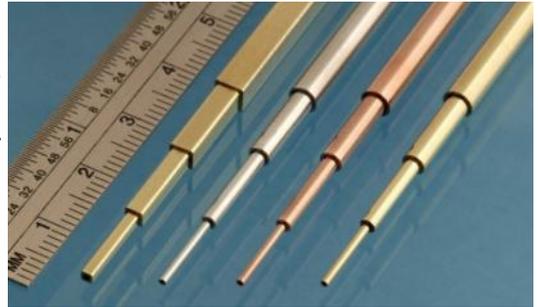
The best known and most widely available brand is probably K&S who have been around for decades and who sell sheet, round, square, rectangular and hex rod and tube, plus wire and structural sections such as angles, 'I' beams and channels. Their smallest sizes start around 1/16" (1.58mm) and step up from there. Their tubes are sized to telescope/slide fit inside the next size up but the fit is a little loose and sloppy.



cont. p. 12.

cont. from p. 11

Albion Alloys also sell a range of small diameter round and square tube and rods in brass and a variety of other metals including copper and aluminium. Sizes start at around 0.2mm stepping up to around 2 to 3mm. Some of these are designed to telescope/slide fit inside each other; their tolerances and fit are nice and tight with almost no slop.



4. NICKEL SILVER

Also known as 'German Silver', Nickel Silver is another alloy of copper and zinc but with the addition of a significant proportion (around 20%) of nickel; it is slightly greyer but looks like, but does not contain, any actual silver. Mainly used for photo etching as a stiffer, harder and more 'silver looking' alternative to brass.

Available from jewellery suppliers in sheet and wire form but also in small sized telescoping tubing from Albion Alloys in sizes between about 0.2mm up to 2.0mm. Nickel Silver polishes nicely but, unlike actual Silver, it has some resistance to tarnishing.

5. ALUMINIUM

Pure aluminium is extremely soft so it is alloyed with a wide range of other metals to adapt it for specific tasks. Most alloys remain relatively soft but there are many (mainly intended for aeronautical and structural uses) that are much harder. There are lots of different grades in between these two extremes.

Widely used in lots of industries, aluminium can be salvaged very cheaply from scrap window sections with sheet recoverable from things like the disposable baking trays that are sold in supermarkets. K & S sell a limited range of sheets and structural sections:

Reality In Scale do several thin (0.2 and 0.3mm) sheets in convenient sheet sizes.

Albion Alloys have small sized round and square tube in their catalogue that (again) can be telescoped.

6. STAINLESS STEEL

Traditionally Stainless has not been much used in static modelling but has been widely used in model engineering and live steam projects. It is available from Hobby Design in round tube form starting at 0.4mm and then in 0.1mm increments up to 3.0mm. All telescope neatly into one of the next larger sizes. Small quantities of sheet in various thicknesses are available on line but you need to search online.

Stainless polishes well and can be buffed to a chrome like finish or sanded to a scratched (aka 'linished' or 'brushed') matt finish.

SOURCES

The following is a list of supplies and sources I have used in the past and that have given good service. Many are available from the various online sources such as Amazon and Ebay and frequently from places such as Jaycar that have regular discount sales. It pays to shop around.

K&S copper, brass and aluminium is available from any of the major hobby outlets such as Frontline, Hobbyco, BNA, etc or direct from K&S itself. (ksmetals.com)

Albion Alloys brass, copper, aluminium and nickel silver is available from Hobbyco, BNA, Frontline, etc or direct from: (albionalloys.co.uk)

Reality In Scale (www.realityinscale.com): 0.1mm and 0.2mm aluminium sheet.

Man Wah telescoping brass tube from: Runway 13 (www.runway13.com.au)

Hobby Design Stainless Steel tube is available from: BNA (www.bnamodelworld.com)



CRUISING ON "DISNEY WONDER"

Report by Tom Wolf

With full knowledge and expectation of what we were about to experience, my wife and I took our grandchildren on a 3 night cruise on "Disney Wonder", Sydney to Sydney. It was basically a cruise to just off Gosford and then going around in circles, while the grandchildren enjoyed all the Disney themed activities and characters on board. All that time, I relaxed in the pool or read a book, probably the most expensive time-waster I have ever agreed to undertake, but we did get to spend quality time with the grandchildren, so it was all worthwhile.

By the time you read this, the Disney ship will have left Australian waters and will not return for some years, so if you wish to experience a similar cruise you will have to go to Europe, USA or Japan.



Anyway, the cruise was uneventful. It was different to other cruises we have had, in that for dinner, we were all allocated to a different themed restaurant each evening for dinner, and the buffet was not open in the evenings. So, even though we were allocated an 8:15pm dinner time, despite the very young age of the grandchildren we had no dining options.

What the late dinner did mean, was that we could go to the excellent stage productions before dinner, and believe me, those productions were well worth it!! Fantastic!!

Now we can add another ship to our cruising resume, but I don't believe we will try this experience again.



HEART HEALTH CHECKS

From "Mate, you Right", the newsletter of the Special Envoy for Men's Health

Let's be honest, most of us blokes would rather wrestle a crocodile Bob Katter style, than book a GP appointment. We ignore weird chest pains, blame it on "that dodgy kebab", and convince ourselves we're fine because we walked up the stairs without blacking out.

But here's the cold, hard truth:



Heart disease is still a major killer in Australia.



And men, especially blokes over 30, are most at risk.



The catch? You might feel fine, right up until you're not.

So, get a free Heart Health Checks if you're aged 30 and over. It's quick, it's easy, and it could save your life.

There are no treadmill stress tests or running marathons involved, just a yarn with your GP and a few simple checks to see if you're at risk of heart attack or stroke.

Over 870,000 Aussies have already done it, 200,000 in 2025 alone. That's a lot of dads, brothers and mates who'll be around longer because they took 30 minutes out of their day.

So do the right thing:



Book the check.



Keep your ticker ticking.



Prove to your partner you can go to the doctor without being dragged.

Because real toughness is looking after your health, not pretending you're invincible.

TOP 20 MUSIC HITS OF THE 1960'S:

Reproduced with permission from the Midland Men's Shed Newsletter

The '60s was the first full decade of rock and roll, and the top twenty singles of the decade reflect a battle between old and

new forms. Elvis Presley and Ray Charles, who helped lay the foundation for the explosion of rock and soul in the '50s, each appear on the list; so does the smooth doo-wop of the Four Seasons. Louis Armstrong, the famous jazz musician who had been recording since the 1920s, had one of the biggest hit singles of the '60s.

But the new era arrived quickly. The biggest hit from the decade? Chubby Checker's rock-indebted dance track "The Twist," the only song ever to hit No. 1 in two separate runs (in 1960 and again in 1962, due to its revival in its pop culture).

Sounds were changing. The Beatles landed two entries on the top twenty — an early number, "I Wanna Hold Your Hand," and the expansive "Hey Jude," from later in their career. Soul came on strong at the end of the decade: Otis Redding's "(Sittin' On) The Dock Of The Bay," from 1967, and Marvin Gaye's "I Heard It Through the Grapevine," from 1968.

Top 20 music billboard hits as ranked on Billboard:

1. "The Twist" – Chubby Checker
2. "Hey Jude" – The Beatles
3. "The Theme From 'A Summer Place'" – Percy Faith And His Orchestra
4. "Tossin' And Turnin'" – Bobby Lewis
5. "I Want To Hold Your Hand" – The Beatles
6. "I'm A Believer" – The Monkees
7. "Aquarius/Let The Sunshine In" – The 5th Dimension
8. "Sugar, Sugar" – The Archies
9. "I Heard It Through The Grapevine" – Marvin Gaye
10. "Are You Lonesome Tonight?" – Elvis Presley With The Jordanaires
11. "It's Now Or Never" – Elvis Presley With The Jordanaires
12. "I Can't Stop Loving You" – Ray Charles
13. "I'm Sorry" – Brenda Lee
14. "Love Is Blue (L'amour Est Bleu)" – Paul Mauriat And His Orchestra
15. "Hello, Dolly!" – Louis Armstrong And The All Stars
16. "Big Girls Don't Cry" – The Four Seasons
17. "Sugar Shack" – Jimmy Gilmer And The Fireballs
18. "Honky Tonk Women" – The Rolling Stones
19. "(Sittin' On) The Dock Of The Bay" – Otis Redding
20. "Big Bad John" – Jimmy Dean



I was asked at the gym
what kind of squats I
prefer doing ...

and I answered "diddly"





ARE YOU TIRED OF T-SHIRTS?

No more than we are tired of bringing them to you!! But, that's all we have!!
It is hoped that seeing more of these will so offend you as to send us something different (or even more T-shirts)!!.

